

Weekly Study time planner

	Monday*	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	Monday
<p>What's Due (tests , papers, patient prep)</p> <p>May also indicate clinical hours here</p>								
<p>Study Plan for day</p> <p>List out in very concrete terms what you will reading , studying , and writing each day after class and/clinical</p> <p>Plan a stop point so that you get adequate sleep</p>								

*note there are 2 Monday's on the sheet – cross off one if you are using this planner each week