



SCHOOL OF NURSING | UNIVERSITY OF ROCHESTER MEDICAL CENTER

ROCHESTER NURSING *today*



REFLECTIONS ON A CAREER
Patricia Chiverton's Tenure

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AND
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ABOUT ROCHESTER NURSING TODAY



ROCHESTER NURSING *today*

Summer 2008

Cover photo: Antonio Barbagallo, fotoab.com

On the cover: *University of Rochester School of Nursing Dean Patricia Chiverton looks forward to spending more time at her lake home.*

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Rochester Nursing Today

Rochester Nursing Today is a biannual publication of the University of Rochester School of Nursing in conjunction with the University of Rochester Medical Center Department of Nursing Alumni Relations and Development and the Department of Public Relations and Communications.

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MESSAGE FROM THE CEO



This issue of *Rochester Nursing Today* marks a pivotal transition for the University of Rochester School of Nursing. In its 83-year history, this school has been led by some towering figures in the nursing profession, the likes of Helen Wood, Clare Dennison, Loretta Ford – and Patricia Chiverton.

Just last month, the University of Rochester celebrated Pat's legacy as she stepped down after eight productive years as dean. It's fair to say that her tenure truly represents a renaissance for the School and for the field of nursing itself. Eight years ago, Pat was chosen to lead a school that was rapidly losing faculty and students, had few research grants, and was fiscally unsustainable. In the face of those daunting challenges, Pat responded by focusing the School on programs in which we were most likely to distinguish ourselves, such as the accelerated program for non-nurses. In fact, she introduced a plethora of new programs, including a master's degree in Leadership in Health Care Systems, a combined master of science/doctoral degree, and the recently launched doctor of nursing practice degree, each of which has helped contribute to a 30 percent surge in enrollment over the last five years.

Pat's tenacity and enthusiasm helped push the Future of Care campaign beyond its goal two years ahead of schedule, which supported the largest expansion and renovation project in the School's history. Her creativity and drive to foster the entrepreneurial potential of nurses spurred the development of a Center for Nursing Entrepreneurship, unmatched by any other nursing school in the country. We are forever grateful for Pat's contributions, which have culminated in a school that is thriving and relevant for today's nursing education needs, one positioned to attract top talent and the brightest, most promising students.

As evidence of that, I am pleased to share the news that, following a national search, Dr. Kathy Parker has been named as the fourth dean of the School of Nursing. Kathy joins us in August from Emory University where she's served as the Edith F. Honeycutt Professor at the Nell Hodgson Woodruff School of Nursing, and co-director of the Emory Program in Sleep in Emory's Department of Neurology. Kathy has over 20 years of clinical practice experience and is certified by the American Nurses Credentialing Center as both an adult nurse practitioner and clinical specialist in adult health. Kathy brings a national reputation in research and a record of substantial NIH funding and is one of five nurses in the country certified in Clinical Sleep Disorders. She was instrumental in Emory's successful application for an NIH Clinical and Translational Science Award, and her knowledge and experience will secure the School of Nursing's prominent role in our Clinical and Translational Science Institute, contributing to identifying and evaluating cost-effective interventions to improve health.

As an accomplished nursing professional with a profile of success as an educator, clinician, researcher, and leader, I believe Kathy is the ideal choice to lead the School of Nursing in the next chapter of its growth and success. You will get to know Kathy and learn of her vision for the School in the next issue of this magazine and at future events. In the meantime, I trust that you will share my enthusiasm for the very bright future that awaits Rochester nursing.

Sincerely,

A handwritten signature in black ink that reads "Bradford C. Berk". The signature is fluid and cursive, with the first letters of the first and last names being capitalized and prominent.

Bradford C. Berk, MD, PhD
CEO, University of Rochester Medical Center
Senior Vice President for Health Sciences

MESSAGE FROM THE DEAN



During my tenure as dean, I've used this message in *Rochester Nursing Today* to chronicle many changes over the years. I've shared news about new educational programs, advances in nursing research, successful entrepreneurial projects, recruitment of top-notch faculty, and the passing of some of our oldest and dearest friends. I've shared photos from ribbon cuttings, reunions, graduations, and other celebrations of our work and success. I've asked for your support and understanding during times of transition and lauded your generosity when, thanks in large part to you, the School of Nursing has been able to reach some of its most ambitious goals.

I have been honored and humbled by the show of thanks and support I've received from my colleagues and friends since announcing my decision to step down last spring. I want to use this, my last message in the pages of this publication, to collectively thank those who have made the successes of my deanship possible.

I want to thank the faculty at the School of Nursing for their perseverance, collegiality, patience, and hard work during a time of significant growth. Their flexibility and willingness to take on new things, coupled with their courage to speak up when new ideas were out of line with tradition and needed reworking, helped determine the way we, as a school, will meet the educational, research, and practice demands of the future.

I also want to thank our staff. They too have had to weather the seas of change over the years, and their work behind the scenes was absolutely essential. Many of our staff members are the first line of contact with prospective students and their families, alumni, and the collective public. Without their courtesy, concern, and attention to detail, our most important missions could not have been realized.

A special thanks also goes to our students, past and present. Your success is really the best measure of our success as a school – and you are a successful bunch! I've had the privilege of knowing many of you over the years, and you have been a constant source of inspiration and ideas.

As the stories in this issue of *Rochester Nursing Today* will once again illustrate, the faculty, staff, students, and alumni of the School of Nursing are doing great things. I am proud to have been a part of this very special place.

Sincerely,

A handwritten signature in cursive script that reads "Patricia Chiverton".

Patricia Chiverton, EdD, RN, FNAP
Dean and Professor, University of Rochester School of Nursing
Vice President, Strong Health Nursing



MANY INDIVIDUALS HAVE BENEFITED FROM THE TRANSFORMATIVE WORK OF PATRICIA CHIVERTON THROUGHOUT HER STAY AT THE UNIVERSITY OF ROCHESTER SCHOOL OF NURSING. IN HER TIME HERE, PAT HAS CHANGED THE PARADIGM FOR NURSING EDUCATION IN ROCHESTER AND BEYOND. THE FOLLOWING COMMENTS FROM HER COLLEAGUES AND FRIENDS ILLUSTRATE JUST HOW INFLUENTIAL HER IDEAS, STYLE, AND DRIVE HAVE PROVEN TO BE OVER THE YEARS.

Joel Seligman, President, University of Rochester:

Congratulations to Pat Chiverton, who in eight years as dean of the School of Nursing presided over dramatic changes in its curriculum, national profile, resources, and entrepreneurial spirit. Under Pat's leadership, the School launched new and enhanced programs, including the integrated, accelerated MS and PhD programs, a one-year accelerated program for non-nurses, and an MS program in health-care system leadership.

Pat oversaw enrollment growth from 303 to 400 students, an increase in faculty from 54 to 94, a near doubling of the School's budget, a successful \$20 million capital campaign, and the construction of a new educational wing. Her efforts propelled the School from 28th to 12th nationally among nursing schools receiving grants from the National Institutes of Health.

Pat believes in research, and her approach to its funding has been far-sighted and innovative. The Center for Nursing Entrepreneurship that Pat established generates funds for research by starting up nursing businesses within the practice mission of the School. It is the first center of its kind in the nation.

It has been a privilege to serve alongside Pat, a dean of remarkable leadership, warmth, and commitment. I look forward to continuing our work together long into the future.

**Bradford C. Berk, MD, PhD; CEO,
University of Rochester Medical Center:**

Pat's contributions to the University of Rochester Medical Center will earn her a place as one of our finest nursing leaders – no small feat in a school shaped by such legendary figures as Clare Dennison and Loretta C. Ford.

Pat's tenure as dean of the School of Nursing truly represents a great renaissance for nursing education at Rochester. Her vision has helped mold the future of health care in western New York and beyond.

Her creative approaches to improving nursing practice, dedication to supporting entrepreneurship in the field, and keen ability to spot emerging trends and opportunities for growth have put the School of Nursing on the map as a national model for success.

Although filling Pat's shoes will be an order of the tallest kind, I am confident that the strong framework she has built for the School will enable her successor to continue to propel the institution forward and turn out the very best nurses and nurse educators.

**Fay Wadsworth Whitney, PhD, BSN '61; member, Dean's
Advisory Council, University of Rochester School of Nursing:**

The greatest strength Pat Chiverton possesses is her ability to have a vision and persist with quiet determination to bring it to fruition. In her tenure at the University of Rochester, she has been able to attract national and international health-care stakeholders to the School of Nursing to support her both technically and financially as she carved a new path and awakened the vitality of the School of Nursing in both the educational and practice arenas.

Students and faculty flock to the graduate and postgraduate programs that she has designed and supported in the areas of entrepreneurship, forensic nursing, and advanced practice nurses at the graduate level.

Pat is a breath of fresh air. She is clear about her objectives, plans for implementation, and methods of raising the funds to support them. She has brought to Rochester inventive health-care models that serve the community, the School of Nursing, and the University of Rochester simultaneously.

"Flying with the eagles" is my representation of this courageous, energetic, wise, and successful dean of the School of Nursing as she passes an accomplished, rich legacy to the future of nursing here in Rochester.

Patricia Witzel, Chief Nursing Officer, Strong Memorial Hospital:

I have had the pleasure of working with Pat Chiverton in both the education and practice arenas over the past 15 years. Dedication to quality and excellence has been the guiding principle throughout all facets of Pat's career as a practitioner, educator, and administrator.

Pat is a visionary and inspirational leader, as evidenced by the growth and success the School of Nursing has experienced under her leadership. Pat's ability to foresee the importance of entrepreneurship in nursing and to create new programs in which to educate nurses has enabled the School of Nursing to achieve national prominence for innovation as well as educational excellence.

Through her thoughtful and caring approach, Pat has proven herself masterful in her ability to unify individuals, often holding diverse points of view, to work collaboratively for the achievement of strategic goals. Pat has re-energized and modernized the Unification Model at the University of Rochester School of Nursing by fostering collaboration and partnerships supporting nursing practice, education, and research. I will miss working with Pat in her role as dean, but I know that in her new position she will continue to make significant contributions to the School of Nursing.

**William Scott Green, Senior Vice Provost and Dean of
Undergraduate Education, University of Miami; Dean Emeritus
of the College at the University of Rochester:**

Collaborating with Pat Chiverton was one of the best parts of working at the University of Rochester. Unfailingly intelligent, creative, honest, and collegial, she generously shared her talents and insights with the rest of us. Her entrepreneurial drive and originality taught us all the value of entrepreneurship as a way of learning. She transformed her School and strengthened the University, making friends and earning respect all the way. The University of Rochester rightly celebrates Pat Chiverton; she is one of its great resources. There is no one like her!



Bob and Karen Webb Sutherland, B '61; members, Dean's Advisory Council, University of Rochester School of Nursing:

Delightful personality, leadership, dedication, integrity . . . these are just a few of the wonderful qualities that describe Pat Chiverton. Over the past six years I have had the privilege of serving on her Dean's Advisory Council, and Bob and I serve on her Center for Nursing Entrepreneurship Council; through our work together, we have come to respect and admire her greatly.

Under Pat's leadership the School of Nursing has progressed and been transformed into a national leader with new and innovative ideas for health care. We have been especially impressed with her entrepreneurship program and its potential for the future of the School of Nursing. With the expansion of the facilities and institution of new and progressive programs, Pat has established a sound foundation for the future growth and leadership of the School. The University of Rochester is most fortunate to have had such an outstanding dean.

C. McCollister Evarts, MD; Distinguished University Professor, University of Rochester:

Pat Chiverton restored the luster to the University of Rochester School of Nursing during her tenure as dean. You cannot have a leading academic health center without a leading school of nursing, and Pat has brought us forward since her appointment, first as interim dean in 1999, and then as dean in October of 2000.

During Pat's tenure, the research purse has grown significantly. She provided the senior leadership with a major fund-raising campaign, which established the basis for construction of the first new addition to the School of Nursing since its original building. She lobbied me for an overdue sign identifying the School of Nursing on Crittenden Boulevard. She relentlessly pursued the vision of entrepreneurship for nursing, which subsequently resulted in the Center for Nursing Entrepreneurship and a funded faculty dean. She instituted new educational programs – the Accelerated Program for Non-Nurses and the RN to BS degree.

Pat participated in strategic planning for both the School of Nursing and the Medical Center; her forward thinking made its mark upon the process. Her faculty has grown in size and expertise over her tenure. And she was always interested in quality.

Pat's quiet demeanor belied a persistence and tenacity to "get things done." It's obvious she did just that! All this adds up to a remarkable record in a relatively short time by a true leader. Her legacy is remarkable. I will miss this real colleague and friend.

Raffaella Borasi, Dean, Margaret Warner Graduate School of Education, University of Rochester:

I have had the privilege to get to know Pat Chiverton not just as a fellow dean, but also as one of the "entrepreneurial educators" I studied as part of the Kauffman Campus Initiative on entrepreneurship. Pat was identified as one of our first subjects because of the many innovations she successfully introduced within the School of Nursing and the transformative nature of her deanship.

Our interviews with her not only confirmed that she is a master at "transforming ideas into enterprises that generate value," but, unlike other entrepreneurs, she is also able to reflect on her entrepreneurial practice and clearly articulate what she does and why – a critical prerequisite to passing these skills on.

Pat also surprised us with her humility, as she consistently played down her role to point out the contributions of her many collaborators, and interpreted many of her successes as simply being "at the right place at the right time." While this might have been the case, we noticed that she had been able to position herself in that way because of her innovative vision for the nursing profession, remarkable awareness of the market, and ability to recognize and seize opportunities as they arose. Pat has certainly been a role model for me, and I am honored by the opportunity she has given me to pass on her wisdom and vision to other educational leaders.

Robert H. Hurlbut, President, the Hurlbut Trust; Former Chair, University of Rochester Medical Center Board of Trustees:

I have been extremely fortunate to know Pat Chiverton, dean of the University of Rochester School of Nursing, because she is a true leader, exhibiting commitment, knowledge, awareness, and energy.

During our capital campaign, Pat was a pillar of diplomacy and exhibited true strength of purpose. She never relented in achieving the total goal of expressing deep appreciation for the donors and team members.

Pat Chiverton is a true professional and leader, and has greatly enhanced the standing of the University of Rochester and its School of Nursing **RN**

Highlights of Chiverton's Tenure:

- 1996** Patricia Chiverton is appointed Associate Dean for Clinical Affairs and Associate Professor of Clinical Nursing.
- 1999** Chiverton is named Interim Dean while a national search is launched.
- 2000** Success as Interim Dean leads to Chiverton's appointment as Dean and Professor, and Vice President, Strong Health Nursing.
- 2002** The School enrolls its first students in the Accelerated Program for Non-Nurses, developed under Chiverton's leadership.
- 2003** The School earns state approval to launch a Leadership in Health Care Systems master's degree program.
- 2004** The Future of Care Campaign is launched, with a goal to raise \$13.3 million. Ground is broken for the expansion of Helen Wood Hall. The School ranks 13th in NIH research funding, climbing from 22nd in 2003.
- 2005** The Center for Nursing Entrepreneurship opens, evolving from the growth and development of the Community Nursing Center.
- 2006** The School celebrates the dedication of Loretta C. Ford Education Wing. Future of Care Campaign concludes two years ahead of schedule, raising over \$20 million. The School earns Empire State Gold certification in recognition of innovation and growth, by Empire State Advantage, Inc., a partnership that aims to build economic competitiveness and improve the quality of life in the state.
- 2007** Chiverton is installed as the first Pamela Klainer Endowed Chair in Nursing Entrepreneurship. School celebrates its 100th graduate from the PhD program. New Doctor of Nursing Practice program enrolls its first students. Overall School enrollment rises by 30 percent over the last five years.
- 2008** The School garners the largest research grant in its history, a \$6.5 million award to Harriet Kitzman, to enhance the health and safety of at-risk mothers and reduce rates of maltreatment in their children. Chiverton's tenure is celebrated as she steps down as Dean. Following a national search, Kathy P. Parker, professor of Nursing at Emory University's Nell Hodgson Woodruff School and a nationally recognized sleep disorders researcher, is selected as the fourth dean of the School of Nursing.



EMPOWERING HEART FAILURE PATIENTS WITH INTERACTIVE DECISION MAKING



As is the case with most chronic illnesses, living with heart failure isn't easy. Managing the condition requires adhering to a complex treatment regimen and constantly monitoring oneself for any new or unusual bodily changes that may signal something is wrong or that the condition is getting worse. For the millions of men and women living with chronic heart failure nationwide, recognizing the symptoms that warrant a call to the doctor could prove even more difficult than keeping track of all the disease management measures meant to keep them well.

Jill Quinn, PhD, RN, CS-ANP, FAHA, FNAP, an assistant professor at the University of Rochester School of Nursing, is examining, with a grant from the American Heart Association, how four factors

— symptom perception, depression, quality of life perception, and the influence of family caregivers — affect a patient's ability to recognize symptoms and decide that it's time to seek such care. Her research is aimed at identifying the factors that influence a patient's decision to seek medical care and helping patients and family caregivers recognize worsening symptoms before they require hospitalization. Heart failure is a leading cause of hospitalization in the United States, especially among people older than age 65.

"People with chronic heart failure have good days and bad days," said Quinn. "By better understanding the thought process behind their decision to seek care, we can come up with smarter ways to help patients and their families manage the condition from home rather than a

hospital bed."

Quinn is collaborating with researchers from the Center for Future Health at the University of Rochester Medical Center to develop a computerized in-home conversational system to help patients monitor their symptoms. The system would use spoken or typed natural-language technology to communicate with patients via phone, asking a series of questions about their condition and then sending that information to the patient's health-care provider for follow-up. The system would help patients and their caregivers manage their medical care, provide reminders, answer questions, and engage in dialogue to collect information for monitoring a patient's current state. The system would not make medical decisions, but would help patients follow the instructions they have been given by their health-care providers, and develop status reports that can be sent back to medical support teams. Quinn hopes to use the results of her symptom study to inform the application of this technology.

George Ferguson, PhD, a researcher in the Computer Science Department at the University of Rochester and

collaborator with Quinn in the Center for Future Health, is an expert in conversational and intelligent systems. He points out that the system would be far more sophisticated than the voice-recognition technology one would encounter when calling an airline to make travel arrangements. The proposed medical technology is a dialogue system in which the person and the computer take turns and delegate authority. So, instead of the computer asking a patient to "Speak or press 1," it would provide the patient with individualized advice based on specific responses. The system would gather information, analyze it, and then provide decision-making support to the patient based on self-care guidelines.

"The system we're working on would go through the trouble of understanding the patient as opposed to the patient having to go through the trouble of understanding the machine," said Ferguson. "We're trying to design technology that will make the conversation as natural as possible."

Both Quinn and Ferguson stress that the eventual goal of their research is to develop technologies that will help heart failure patients avoid hospitalization and remain at



Jill Quinn consults with Leway Chen (center) and George Ferguson to develop interactive technology for patients with heart failure.

home, and complement the role of nurses in managing their care. Nurse-staffed home visits and phone follow-ups have proven successful in curbing hospitalizations, but these interventions require a tremendous amount of personnel time, are very costly, and are not available 24 hours a day. The technology is aimed at optimizing the nurse-patient relationship to make routine tasks easy for patients to do by themselves while making more effective use of nurses' greater expertise but limited resources.

"There are a lot of technologies already out there that help remind people to take their medicines, but there aren't a lot of technologies that really put the whole picture together," said Quinn. "It's the interactive decision-making assistance that's really needed and isn't quite

there yet. That's what we're working toward."

Ferguson has enlisted Quinn to develop a question-and-answer matrix, based on patient care experience by nurse practitioners, that will be the basis of the spoken-language interface. For example, the telephone system will know that when a patient complains his feet have been hurting, making it difficult to walk, the problem may be caused by an excess buildup of fluids that prevents his shoes from fitting properly. The system would ask the patient a series of additional questions about his salt intake, weight fluctuations, and other issues, and then advise accordingly.

Leway Chen, MD, MPH, a cardiologist and director of the Program in Heart Failure and Transplantation at the University of Rochester Medical Center, worked

with Quinn on her doctoral dissertation research and is a co-investigator on her two research studies. Chen believes that input from experienced nurse practitioners is essential to coming up with a technology using and health-care providers will find useful.

"Oftentimes these cases aren't textbook," said Chen. "There isn't always a right or wrong answer, and a computer would have a lot of trouble with a case that isn't black and white. Using nurse practitioners to inform the technology is a way to build into the system some of the more humanistic aspects of providing care and deal with situations that deviate from the norm."

Quinn feels that the team's interdisciplinary approach to research and shared interest in developing technologies

that enable heart failure patients to maintain their health at home will greatly benefit the patients who need help the most.

"People living with heart failure need our support," she said. "We give them a lot of advice on what they should be doing to stay healthier longer, but following that advice oftentimes means making huge lifestyle changes – and that's hard for anyone. It's even harder for older people who might live alone, suffer memory loss, or have a hard time getting around. If we can just give people some assistance in monitoring their health, they can make better choices and improve their lives. I'm confident that by harnessing the collective strengths of our team we can do just that." **RN**

COLLABORATIVE PARTNERSHIPS CRITICAL TO MEETING THE NEEDS OF MENTALLY ILL CHILDREN

Children and teens face many challenges associated with normal processes of growth and development. Beyond the demands of normal development, some children face additional challenges that compromise their mental health. According to the National Institutes of Mental Health, 50 percent of mental disorders have an onset by age 14 and 75 percent have an onset by young adulthood.

Currently, less than 20 percent of youth with mental disorders receive treatment; this situation is even

more dismal in rural and underserved communities, where there is limited access to child psychiatric providers and mental health services. These treatment disparities exist both statewide and nationwide because child mental health providers and services are predominantly centralized in urban communities. In communities without child psychiatric providers, primary care providers and school health professionals do their best to fill the gap, but their busy schedules and lack of specialty training

are obstacles to recognizing symptoms – much less providing appropriate treatment – of these disorders in children.

Almost 50 percent of counties in New York state do not have a child psychiatric provider practicing in the county. In communities without child psychiatric providers, families rely on their primary care providers to assess and manage mental health problems in their children. Unfortunately, many primary care providers feel ill-equipped to manage these problems,

especially the more complex psychiatric disorders that can emerge in childhood. In rural communities, families may be required to travel long distances to obtain appropriate psychiatric care for their children. Waiting lists to see child psychiatric providers in urban settings may be long, and children from rural communities are seen outside the context of their home, school, and community, where their symptoms occur. If that child's parent cannot take time off from work to drive the child to an appointment



in the nearest urban area, the child will continue to wait for professional help – a wait that can have devastating consequences.

“Children’s health-care providers are putting much more emphasis on the importance of early screening for mental health disorders,” said John Lynch, MD, PhD, a child psychiatrist at Hillside Children’s Center in Rochester. “But pediatricians have their hands full managing ear infections, asthma, childhood diabetes, and a host of other maladies that compromise children’s health. Unless a pediatrician, parent, teacher, or child care provider recognizes problem behaviors and mobilizes to bring those issues to the attention of a mental health professional, a child with such problems can very easily fall through the cracks.”

A major contributor to the treatment disparity is the shrinking of the child psychiatry workforce. Many child psychiatrists are retiring, and the rate of new professionals entering the field is failing to fill those vacancies and keep up with the rising demand for services.

One way to begin meeting the tremendous need for child mental health providers is to encourage nurses who already live and work in rural and underserved communities to return to school to become child/adolescent psychiatric nurse practitioners. Child and adolescent psychiatric nurse practitioners function well in interdisciplinary



Above: Janiece DeSocio (center) and Holly Brown discuss the urgent mental health needs of children and adolescents and ways in which nurse practitioners can assist with closing mental health workforce shortages. At left: Holly Brown (standing) and John Lynch consult with Creekside staff and students to assess overall functioning, determine needs, and collaboratively identify treatment goals.

teams and in partnership with child psychiatrists, increasing the numbers of children and families that can be served. In New York state, psychiatric nurse practitioners form collaborative-practice agreements with psychiatrists and are licensed to provide psychiatric assessment and diagnosis, psychotherapy, medication prescription and management, and family education.

Lynch has been working for nearly a decade with **Holly Brown, MS, RN, NPP, CS**, assistant professor of clinical nursing and a child/adolescent psychiatric nurse practitioner, at Creekside, a Hillside Children’s Center day treatment program located in Fairport, N.Y.

Creekside provides special education services coupled with vocational training opportunities for children and teens who are both developmentally disabled and diagnosed with a psychiatric disorder. Brown and Lynch consult with school-based social workers, teachers, and the school’s administration to ensure that students’ mental health needs are comprehensively addressed in concert with their educational needs. They work with students and their families to treat and manage complex psychiatric symptoms, emphasizing strengths and development and supporting the child’s functioning within his or her community.

“These kids are very complex,” said Brown. “And

no one entity – educational, social, familial, medical, or otherwise – can possibly provide the support they need to stay safe and live the best possible life given their various challenges. John and I work to create a comprehensive treatment plan for the school that takes into account the unique situation of each individual child. This is an approach that works, but it’s also an approach that requires a tremendous amount of resources. Sadly, very few children have access to programs like those at Creekside.”

Consistent with its long tradition of responding to community needs, the University of Rochester School of Nursing is reaching out to prepare nurse



Connecting with students goes beyond scheduled appointments. Having a presence in daily school activities is another important way to engage students in their treatment.

practitioners who can help address this critical need for child mental health services.

In 2006, the School developed two new programs to prepare advanced practice nurses to meet the growing mental health needs of children and adolescents. First, Brown and **Janiece DeSocio, PhD, APRN, BC, NPP**, an assistant professor at the School of Nursing, co-direct the School's child and adolescent psychiatric nurse practitioner program; then, thanks to a grant from the Health Resources and Services Administration, the School's educational resources are now more accessible to nurses in rural communities around Rochester and throughout New York state. The grant was co-written by DeSocio and

Kathy Rideout, associate dean for academic affairs at the School of Nursing.

The New York State Office of Mental Health and Hillside Family of Agencies have recognized the value of these new nurse practitioner programs and are partnering with the School to support the advanced education of their nurses, who will remain with the agency and help meet their needs for child psychiatric and mental health services. Students can complete much of their coursework online and utilize a variety of distance-education technologies to stay connected to their instructors, and share ideas with other students. Nurses can complete the program of full-time study in two years.

Kathy Marchiony, a registered nurse at Hillside for 16 years, entered the child and adolescent psychiatric nurse practitioner program in January. She says that during her time working

in the center's juvenile detention program she saw the severity of untreated mental health disorders first hand, prompting her to enter the program at the School of Nursing.

"I always wondered if these kids would have ended up running away, breaking the law, or skipping school if they had their mental health needs addressed earlier," said Marchiony. "I wondered if and how those difficult situations could have been avoided."

Marchiony works full time at Hillside, attends one class each week and completes the rest of her coursework online. She will begin her clinical training at Hillside in the fall. "If it weren't for the program's online component and flexibility in terms of clinical training, there is no way I could do this," she said.

DeSocio notes that the School is preparing child psychiatric nurse practitioners to work collaboratively with

child psychiatrists and other members of interdisciplinary teams, such as the team at Creekside.

"The severity of the workforce crisis in children's mental health was a strong motivator for us to create the child/adolescent psychiatric nurse practitioner programs," she said. "By encouraging professional collaboration and enhancing educational opportunities for advanced practice nurses, we can help organizations deliver high-quality care to children in need and give them a better chance for happier and more productive lives." **RN**



NIDA AWARDS \$6.5 MILLION TO SCHOOL OF NURSING RESEARCHERS

Following a report from the Centers for Disease Control and Prevention finding that every year about one in 43 infants in the United States is physically abused or neglected, researchers from the University of Rochester have received a \$6.5 million grant to further study and expand an initiative proven to enhance the health and safety of at-risk mothers and reduce rates of maltreatment in their children.

This funding, from the National Institute on Drug Abuse (NIDA), will support research to examine the long-term effects of nurse home visits on more than 600 low-income mothers and their children. The mothers were part of a randomized trial in Memphis, Tenn., beginning in 1990, during which registered nurses made regular home visits during the mothers' pregnancy and continuing through the second year of their child's life. Nurses worked with the mothers to improve the outcomes of their pregnancies, the health and development of their first-born infants, and their economic self-sufficiency, with particular emphasis on lengthening the time between subsequent pregnancies and improving the care of the first-born child. Researchers



The Nurse Family Partnership program provides nurse home visits to low-income young mothers.

mapped the progress of mothers and their first-born children through the child's 12th year of life.

The nurse home visits resulted in the mothers having healthier pregnancies, more stable relationships, fewer closely spaced pregnancies and less reliance on government assistance. Studies have shown that closely spaced births compromise children's health, development, and behavior partly because they limit parents' time to nurture and monitor each individual child. The nurse-visited mothers' first-born children were better cared for, experienced fewer injuries, had higher cognitive functioning and academic achievement, and exhibited more pro-social behaviors. The impact on the mothers' subsequent children has not yet been assessed. The next

phase of research is designed to determine whether the positive outcomes for mothers and first-born children lasted through the child's adolescence through age 17.

"We now know that first-time mothers facing some of the most daunting social, financial, and physical obstacles can benefit greatly from the consistent advice and support nurse home visits provide," said **Harriet Kitzman, PhD, RN**, professor of nursing and pediatrics and associate dean for research at the University of Rochester School of Nursing. "We also know that their children are spared many of those same challenges when the lives of their mothers improve. This funding will allow us to further study the long-term societal implications of a model of care that has proven

so beneficial to so many."

The 17-year follow-up study is designed to examine school success, mental health and illness, substance use and abuse, and HIV risk among the first-born children and whether the incidence of these factors is greater in children at both genetic and environmental risk.

The Memphis project and its follow-up studies were led by Kitzman and David Olds, PhD, professor of pediatrics, psychiatry and preventive medicine at the University of Colorado and adjunct professor at the University of Rochester School of Nursing. The Nurse Family Partnership (NFP), the home visit model that grew out of Memphis and study sites in Elmira, N.Y., and Denver, Colo., now operates in cities and towns across the United States and in Europe. Other collaborators at the University of Rochester include Robert Cole, PhD, and Carole Hanks, DPH, RN.

The NFP program serves more than 200 mothers in Monroe County. **RN**

EATING DISORDERS EXPERT JOINS FACULTY



Mary Tantillo, PhD, RN, CS, FAED, has joined the faculty at the University of Rochester School of Nursing as an associate professor of clinical nursing. Tantillo, the director of the Western New York Comprehensive Care Center for Eating Disorders (WNYCCED), has worked with patients with eating disorders and their families for 25 years.

Tantillo collaborated with leadership in the Department of Pediatrics at the University of Rochester Medical Center to receive a New York State Department of Health grant to establish WNYCCED, one of only three such care centers in the state. During this time she also secured grant funding to establish Sage House in Rochester, the state's only supported housing program for women with eating disorders, and provided leadership in

developing the state's only eating disorders residential care program for adolescents at St. Joseph's Villa, also in Rochester.

At the Department of Psychiatry at the University of Rochester, Tantillo developed and directed the Eating Disorders Treatment Service, a continuum of care for patients and families. In 2000, she relocated the service to the Department of Psychiatry and Behavioral Health at Unity Health System.

Tantillo is a fellow of the Academy for Eating Disorders (AED), as well as a previous board member and present chairperson for the AED Credentialing Task Force and Patient/Carer Task Force. She collaborated with other providers within Unity Health System and in the community to have the Eating Disorders Program at Unity designated a Center of Excellence by Excellus Blue Cross/Blue Shield. In addition, she served as coordinator, then director of the Eating Disorders Program from 2000-2005.

"Being at the School of Nursing is exciting and rewarding because I have access to expert faculty members and various research and educational resources," Tantillo said. "The School of Nursing has a long collaborative relationship with the faculty

in Pediatrics at Golisano Children's Hospital, the home base for the WNYCCED, and the two together are a natural."

Tantillo is a certified group psychotherapist and member of the American Group Psychotherapy Association. In addition, she has served as president and member of the board of directors of the Mental Health Association in Rochester.

Tantillo has special interests in the areas of women's mental health, family-based treatment, and group treatment, especially multifamily therapy group treatment for eating disorders. She earned her PhD in nursing from Adelphi University, her master's in psychiatric mental health nursing from the University of Rochester, and her bachelor's in nursing from Nazareth College.

ELIZABETH LECUYER JOINS FACULTY



Elizabeth LeCuyer, PhD, RN, PMHNP, ARNP, CS, has joined the faculty at the University of Rochester School of Nursing as an assistant professor. LeCuyer comes to Rochester from the School of Nursing at Oregon Health and Science University in Portland.

At Oregon, LeCuyer was an assistant professor and director of the school's psychiatric mental health nurse practitioner graduate program. Her research focused on interactions between mothers and their toddlers, particularly those interactions that involve mothers setting limits for their toddlers' behavior, and their impact on children's developing self-regulation. At Rochester she will continue this line of research and use her findings to develop strategies to improve mother-toddler interactions and maximize children's social development.

"I'm excited to be part of a school that places great emphasis on building research aimed at bettering the lives of children," said LeCuyer. "It is really an exceptional opportunity to be able to work with a group of experienced researchers who share those goals."

LeCuyer has also been recognized for her work with the mentally ill from underserved communities. She is the former program

coordinator of the Medically Indigent and Rural Area Psychiatric Nurse Practitioner Program at Washington State University Vancouver and in 2006 was named one of Outside In's Solid as a Rock Volunteers for her work in their mental health program. Outside In is a non-profit organization based in Portland that provides social, medical, and mental health services to lower income and homeless families and individuals.

A Seattle native, LeCuyer received her PhD in nursing from Oregon Health and Science University, and earned her master's and bachelor's in nursing from the University of Washington in Seattle.

STUDY FINDS SLEEP HELPS PROTECT SMALL CHILDREN FROM INJURIES

Lack of sleep can lead to increased injuries among preschool children, research from the University of Rochester School of Nursing has found. The study, published in the March/April 2008 issue of *Public Health Nursing*, shows that children who, according to their mothers, lack an adequate amount of sleep are twice as likely to sustain injuries compared to their more well-rested peers.

Although ample research has shown a correlation

between lack of sleep and unintended injuries in adults and adolescents, similar research on young children is sparse. The study, conducted by **Christina Kouloughlioti, PhD, RN**, and colleagues Robert Cole, PhD, and **Harriet J. Kitzman, PhD, RN**, found that children who get an adequate amount of sleep, as reported by their mothers, sustain fewer injuries regardless of the child's temperament and the mother's age, level of education, ethnicity, or socioeconomic status.

INITIATIVE TRAINS NURSES TO MANAGE CLINICAL TRIALS

In response to the overwhelming need to safely and expeditiously bring drugs, vaccines, and medical devices to the people who need them, the Center for Nursing Entrepreneurship at the University of Rochester School of Nursing has launched a comprehensive training course aimed at giving nurses and other health-care professionals the education they need to manage clinical trials. A critical step in moving medical advances from the research phase to the marketplace, clinical trials are run by researchers and principal investigators, but are often managed by individuals with little or no formal training in clinical

trials research.

"Managing Clinical Trials: A Comprehensive Continuing Education Course for Healthcare Professionals" focuses on the structure and regulation of the clinical trials industry, aspects of the pharmaceutical development process, ethics and regulations of clinical trials, study implementation, data collection and management, patient recruitment, and study conclusion. The School has partnered with Global Research Services, LLC, an international contract research organization with an established history in clinical trials research, to provide students with expert faculty and comprehensive curriculum. The course is being administered through **Edvantage**, the School's health-care career development arm.

The School is currently pursuing partnerships with Chinese medical universities to provide similar course offerings to Chinese students. Expansion of course offerings into Eastern Europe is expected by fourth quarter of 2008.

INGERSOLL NAMED FORD PROFESSOR AND DIRECTOR OF NEW CENTER

Gail Ingersoll, EdD, RN, FAAN, FNAP, was named Ford Professor and director of the new Center

for Outcomes Measurement at the School of Nursing. Ingersoll succeeds **Harriet J. Kitzman, PhD, RN**, in the Ford Professorship.

The center will strengthen the School's focus on improving quality and patient safety by bringing together faculty, clinicians, administrators, students, and staff to study the impact of care delivery on employees, patients, and providers, as well as develop and test innovative approaches to care. Rochester is the only school in the nation to have created a unified strategic plan for nursing education, services, and research within a medical center. Nursing at Rochester is thus well positioned to become a national leader for outcomes measurement and has a prime opportunity to partner with national organizations and foundations interested in patient safety and quality.

"I envision a place where learning, discovery, and innovation are fostered through the availability of resources, the mentoring of others, and ongoing dialogue about issues of importance to the region and the nation," said Ingersoll. "This will be a place where best-practice approaches are identified and where guidance is provided on how to improve the care we provide."

CLASS NOTES

ROCHESTER NURSING CLASS NOTES

1940s

Eleanor (Wallace) Terry BS '41 writes: "It is with great sadness that I must report the death of my husband of 65 years, Roger Terry, MD (M '41)." Dr. Terry died on January 6, 2008.

1950s

Nancy Manning BS '59 submitted this photo of an informal reunion of members of the class of '59 in Geneva, N.Y.



1970s

Jean (Kimber) Brown BS '75, MS '77, PhD '91 has been named dean of the University of Buffalo School of Nursing after a national search. Brown, a professor at the school, served as interim dean during the search process.

Louise H. Flick BS '71, the Vaughnie Lindsay Research Professor at Southern Illinois University Edwardsville, has been awarded \$26 million from the National Institute of Child Health and Human Development for the St. Louis Study Center for the National Children's Study. She is the grant's co-principal investigator.

Karla (Slayton) Fogel BS '74 completed her PhD in nursing at Loyola University Chicago in August 2007.

Hannleore (Lorrie) (Maiershofer) Yoos MS '79, professor at the University of Rochester School of Nursing, received the 2008 University of Rochester School of Nursing Alumni Preceptor Award. The recipient of this award exemplifies excellence in clinical practice, and mentors, nurtures, and supports graduate students during their education.

1980s

Sherry Pomeroy MS '80 has been named a Community Health Foundation Health Leadership Fellow through May 2009 by the Community Health Foundation of Western and Central New York. She will be participating in a variety of leadership assessments, workshops, and projects to build networks and collaboration with other regional health professionals who are committed to improving care for frail older adults.

1990s

Tener Goodwin Veenema MS '92, Post Master's Certificate '93, customized her ReadyRN program for use by Red Cross health professionals to enhance their ability to prepare for and respond to complex

public health emergencies in communities across the United States. The program was formally launched at an event at the national headquarters of the American Red Cross in Washington, D.C., in November 2007.

Anne Cangilos Zylick BS '99 and Justin Zylick announce the birth of their son, Jackson Peter, born October 13, 2007. Justin is a market manager for Diageo and Anne is a nurse practitioner. They live in Orlando, Fla.

DECEASED ALUMNI

The School of Nursing expresses sympathy to the loved ones of our deceased alumni.

Elsie A. (Siegl) Ashenburg '42, October 19, 2007, Rochester, N.Y.

Bonnie L. (Bricka) Bailey '65, July 18, 2006, Hendersonville, N.C.

Mary (Harris) Bart '50, September 18, 2006, Amherst, N.Y.

Judith M. (Johnson) Boros '61, September 26, 2007, Dover, N.H.

Lois (Horton) Chalecke '42, December 30, 2007, Jamestown, N.Y.

Theresa (Bagnara) Cooper '56, January 16, 2008, Fairport, N.Y.

Charlotte (Wheeland) Curry '43, January 15, 2008, Du Bois, Pa.

Lois M. (Brooks) Davis '52, October 29, 2007, Penfield, N.Y.

Betty (Palmgren) Deffenbaugh '48, January 28, 2008, Edgewater, Fla. Betty's husband, Homer Deffenbaugh, a 1945 graduate of the College, died April 1, 2008.

Frances (Smith) Dietrich '43, September 24, 2007, Mt. Pleasant, Mich.

Carolyn (Palmer) Distin '53, August 11, 2006, Sebring, Fla.

Sally L. (Scagel) Gibson '63, January 1, 2008, San Francisco, Calif.

Jane (Fehr) Hanlon '46, December 9, 2007, Barrington, R.I.

Joyce (Power) Johnson '49, August 20, 2007, Buffalo, N.Y.

Jean Evelyn (Tower) Lassiter '37, January 14, 2008, Greenville, N.C.

Emily (Oliver) Lindblom '54, January 10, 2008, Rochester, N.Y.

SPECIAL TRIBUTE TO FLORENCE JACOBY

Michele Louise (Pulcino) Marion '73, October 19, 2007, Rochester, N.Y.

Margaret A. McCrory '52, February 26, 2008, Kennett Square, Pa.

Emmajean (Worshek) McGinty '54, November 30, 2006, St. Petersburg, Fla.

Ann (Marshall) Mulvey '55, January 5, 2008, Naples, Fla.

Janet Marie Ryan '68, March 27, 2008, Rochester, N.Y.

Kathylan Ann (McPhee) Sewell '38, December 24, 2007, Fort Worth, Tex.

Louise (Sullivan) Smith '38, March 23, 2008, Portland, Ore.

Kathryn (Hettig) Streng '41, January 31, 1996, Boulder, Colo.

Barbara (Johnson) Wandersee '54, September 24, 2007, W. Willington, Conn.

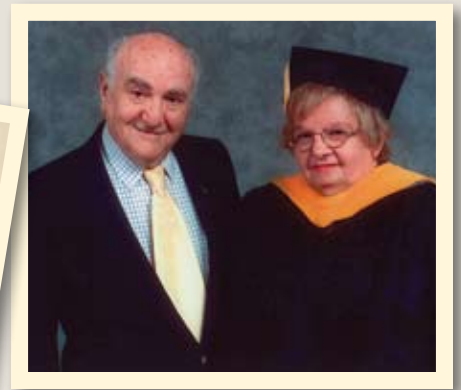
Carolyn A. (Lepsch) Weimer '53, October 8, 2007, Panacea, Fla.

Glena E. (Wilcox) Wingrove '43, March 4, 2008, Churchville, N.Y.

M. Adele Wright '47, November 16, 2007, Rochester, N.Y.

Florence Jacoby, RN, a nursing pioneer and friend of the University of Rochester School of Nursing, passed away on December 3, 2007. Mrs. Jacoby was well known in Rochester and around the world for her groundbreaking work in caring for burn victims. She created the nation's first burn nurse specialist role at Strong Memorial Hospital in the 1960s and wrote the seminal text on burn nursing, *Nursing Care for the Patient with Burns* (Mosby, 1972).

Mrs. Jacoby first became interested in burn nursing after she was charged with caring for the survivors of a plane crash at Monroe County Airport in 1963. One survivor, Alan Breslau, was severely burned and required particularly advanced care. When she found little scientific literature to guide her in treating Breslau's wounds, Mrs. Jacoby made it her professional mission to study the care of burn patients and develop better ways to support them both medically and emotionally.



Marvin and Florence Jacoby

Breslau survived his injuries and went on to found the Phoenix Society, a national support and advocacy group for people with burn injuries.

Mrs. Jacoby graduated from Kings County Hospital School of Nursing in 1942 and practiced as a public health and private duty nurse in the Rochester area from 1943-1969. She was the first nurse to be an appointed member of the American Burn Association and served on many of its committees; she was also the co-chair of nursing training and recruitment for the International Society of Burn Injuries. In 1990 she received an honorary degree from SUNY College at Brockport in recognition of her work. Throughout her career, she enjoyed the support of her devoted husband, Marvin, and their three sons.

In 2006 the School of Nursing dedicated the Florence Jacoby Conference room in its new Loretta C. Ford Education Wing in honor of Jacoby's work and to show its appreciation for her family's generous donation to the School.

"My mother was passionate about nursing, her patients, and her students," said Mrs. Jacoby's son, Dr. Richard Jacoby. "The University of Rochester School of Nursing, with its visionary approach to the profession, afforded her the perfect vehicle to actualize those passions. In a sense, the people involved with the School of Nursing and the Burn Unit at Strong Memorial Hospital became part of our extended family. In that spirit, our family was pleased and privileged to be able to support the mission of the School."

The School of Nursing is proud to acknowledge its recent award and grant recipients and publications by faculty and students.

**Hazelden Foundation
Dan Anderson Research Award**
William Fals-Stewart, *Professor*

**Preventive Cardiovascular
Nurses Association
Terry Thomas Clinical Practice
Award**
Laurie Kopin, *Associate Professor of
Clinical Nursing*

**University of Rochester
School of Nursing
Dean's Excellence in Teaching
Award**
Craig Sellers, *Senior Associate and
Director of the ANP Program*

**Johnson & Johnson and
Sigma Theta Tau International
Mentor in Maternal & Child
Health**
Dianne Morrison-Beedy, *Assistant
Dean for Research*

**National Academies of
Practice Fellows**
Margaret-Ann Carno, *Assistant
Professor*
Jill Quinn, *Assistant Professor*

**National Palliative Care
Research Center Scholar**
Ying Xue, *Assistant Professor*

**American Association of
Colleges of Nursing and the
Johnson & Johnson Campaign
for Nursing's Future
Minority Nurse Faculty Scholar**
Paula Neil, *Doctoral Student*

**SIGMA THETA TAU
INDUCTEES:**

Daniel Arellano
Channelview, Tex.

Krista Atchley
Sand Springs, Okla.

Lisa Bailey
Rush, N.Y.

Nicole Barrick
Rochester, N.Y.

Lisa Baum
Rochester, N.Y.

Erin Beatty
Oswego, N.Y.

Randi Bisbano
Rochester, N.Y.

Kelly Boerschlein
Churchville, N.Y.

Krista Brown
Bliss, N.Y.

Melissa Brugh
Davis, Calif.

Anne Burns
Rome, N.Y.

Aimee Couture
Pittsford, N.Y.

Emily Cushing
Avon, N.Y.

Sarah Davis
Ballston Spa, N.Y.

Robert DiBenedetti
Rochester, N.Y.

Shannon Dillon
Maple Valley, Wash.

Lisa Doiron
Augusta, Maine

Haley Doyle
Missoula, Mont.

Anne Fifield
Rochester, N.Y.

Bethany Flaherty
Rochester, N.Y.

Elizabeth Flynn
Fairport, N.Y.

Caitlin Geartz
Honeoye, N.Y.

Roxanne Guadagna
Honeoye, N.Y.

Diane Haschmann
Rochester, N.Y.

Thu Huynh
Highland, Calif.

Evelyne Irimies
Windsor, Conn.

Lauren Isaacson
Victor, N.Y.

Amber Jimerson
Charlotte, Vt.

Ann Kalkbrenner
Rochester, N.Y.

Yena Kim
Rochester, N.Y.

Lindsay LaFontaine
Massillon, Ohio

Rebecca Landis
Rochester, N.Y.

Jin Young Lee
Lafayette, Colo.

Sonia Luchanko
Webster, N.Y.

Rebecca Martinez
Eugene, Ore.

Stephanie, McKeown
Ontario, N.Y.

Jennifer McKnight
Rochester, N.Y.

Faith Medler
Brockport, N.Y.

Martha Cate Olin
Honeoye Falls, N.Y.

Kristy Palotti
Union Springs, N.Y.

Brooke Paquin
Lima, N.Y.

Laura Pearson
Canastota, N.Y.

Megan Quill
Rochester, N.Y.

Arlette Rogers
Pittsford, N.Y.

Deborah Rondo
Hilton, N.Y.

Julie Ryan
Rochester, N.Y.

Aida Santiago
Rochester, N.Y.

Angela Senoner
Rochester, N.Y.

Todd Smith
Perrysburg, Ohio

Lisa Statton
Rochester, N.Y.

Michelle Willard
Hockessin, Del.

Heather Worboy
Hilton, N.Y.

Masters

Diana Ellison
Livonia, N.Y.

Cathleen Kristan
Canandaigua, N.Y.

Patti Murray
Rochester, N.Y.

Daniel Osimowicz
Webster, N.Y.

Maya Pridgen
Kensington, Calif.

Nurse Leaders

Robert Dorman
Dunkirk, N.Y.

Mary Beth Earley
Rochester, N.Y.

Dorothy Vandervoort
Penfield, N.Y.

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Ponrathi Athilingam

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Susan Lowey

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James McMahon

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Dianne Morrison-Beedy

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Kathy Rideout

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Martin Schiavenato

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Toni Smith

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Donna Tortoretti

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Tener Veenema

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Mary Wilde

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Ying Xue

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H. Lorrie Yoos

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RESEARCH GRANTS**Robert Cole**

A Dynamic Model of Supervision and Injury Among Children, CDC/R49 CE000230, 9/1/2007-8/31/2008, Total award: \$848,937

William Fals-Stewart

Behavioral Family Counseling and Naltrexone, Harvard/NIH/ 150704-0004, 4/1/2007-3/31/2008, Total award: \$153,948

Analyzing Data Generated from Therapy Groups with Rolling Admissions, RTI/1-312-0210104, 4/1/2006-3/31/2009, Total award: \$47,351

Emerging Issues in Analyzing Group Based Treatment Data under Open Enrollment, RTI/1-312-0210573, 2/15/2007-1/31/2009, Total award: \$65,321

Children of Drug Abusing Fathers, NIH/R01 DA015849-03, 7/1/2007-2/31/2010, Total award: \$1,371,747

Group-Based Couples Therapy for Drug Abuse, NIH/R01 DA019434-03, 7/1/2007-5/31/2011, Total award: \$1,447,063

Cognitive Rehabilitation for Substance Abusers, NIH/R01 DA018697-04, 7/1/2007-12/31/2010, Total award: \$1,565,823

Parent Training and Couples Therapy for Drug Abuse, NIH/R01 DA016236-05, 8/1/2007-5/31/2009, Total award: \$736,781

Sheldon Fields

Men of Color Health Awareness Project, Men of Color HIV/AIDS/HRSA, 9/1/2004-8/31/2009, Total award: \$299,979

Harriet Kitzman

Age 12 Follow-up Early Preventive Intervention, NIH/DOJ 5R01MH068790/MH068790-01S1, 9/1/2003-8/31/2007, Total award: \$4,056,111

Age 17 Follow-Up of Home Visiting Intervention, NIH DA021624, 5/15/2008-2/28/2013, \$6,562,095

Age 27 Follow-Up of Early Preventive Intervention, UNVI/Colorado/NIH, 7/1/2004-6/30/2009, Total award: \$363,159

Keith Klostermann
Examining the Effects of Behavioral Couples Therapy on Intimate Partner Violence, NIH/R21 AA016529-01A1, 9/1/2007-8/31/2009

Wendy (KK) Lam
Parent Training and Couples Therapy in Alcohol Treatment, RTI/1-312-0210468, 7/1/2007-10/31/2009, Total award: \$89,043

James McMahon
Barriers to Treatment Based HIV Prevention for IDU Couples, NDRI/R21DA022960, 9/1/2007-7/31/2009, Total award: \$29,635

Dianne Morrison-Beedy
Maintaining HIV Prevention Gains in Female Adolescents, NIH/R01 NR008194-05, 3/1/2006-2/28/2009, Total award: \$3,267,443

Maintaining Abstinence and Reducing HIV Risk in Adolescent Girls, NIH/ R03 NR010193-02, 9/1/2007-8/31/2008, Total award: \$151,722

Sally Norton
Palliative Care in the Acute Care Setting, NIH/ R01 NR008790-03, 6/1/2005-3/31/2009, Total award: \$1,352,297

Bethel Powers
Improving Outcomes of Hospitalized Elders and Caregivers, NIH/ R01 NR008455-04, 1/1/2008-12/31/2008, Total award: \$1,248,228

Jill Quinn
Recognition of Decompensating Heart Failure by Patients and Their Family Caregivers/Significant Others, AHA 0830237N, 1/1/2008-12/31/2011, Total award: \$308,000

Hyekyun Rhee
Peer-Assisted Asthma Self-Management Program for Adolescents with Asthma, NIH/R21 NT009837-03, 9/29/2006-7/31/2008, Total award: \$362,936

Daryl Sharp
Promising Tobacco Control Interventions, NYS/Health / C021009, 4/1/2006-3/31/2009, Total award: \$450,000

Mary Wilde
Prospective Study of Urinary Catheter Use, Hollister Continence Grant, Wound, Ostomy and Continence Nurses Society, 7/1/2006-10/30/2008, Total award: \$8,510

Self-Management Issues and Concerns in People with Long-Term Intermittent Catheters, Hollister, 4/28/2008, Total award: \$9,492

Ying Xue
Quality and Cost Outcomes of Hospital Supplemental Nurse Staffing, Robert Wood Johnson Foundation/62576, 09/01/2007-8/31/2009, Total award: \$300,000

EDUCATIONAL AWARDS

Patricia Chiverton
SON Scholarships and Program Development, Helene Fuld Health Trust, 5/15/2007-5/14/2008, Total award: \$2,500,000

Janiece DeSocio
Child/Adolescent Psychiatric Nurse Practitioner Programs, HRSA/ D09HP08056 -01-00, 07/01/2007 - 6/30/2010, Total award: \$658,280

Pamela Herendeen
Pediatric Links with the Community Training, Halcyon Hill Foundation, 7/1/2007-6/30/2008, Total award: \$30,000

Margaret Kearney
GAAN Nursing Scholarships Program, Education/P200A060021, 8/14/2006-8/31/2009, Total award: \$506,688

Kathy Rideout
Advanced Education Nursing Traineeship, HRSA/ A10HP07433-02-00, 7/1/2007-6/30/2008, Total award: \$54,637

INTERNAL AWARDS

Denise Côté-Arsenault
Developing Caring Connections in Pregnancy after Perinatal Loss, FRSG, 1/1/2007-9/1/2007, Total award: \$11,616

Marie Flannery
Phone Calls in Ambulatory Oncology: Nursing Management, FRSG, 11/05/2006-11/30/2007, Total award: \$6,319

Susan Groth
The G Protein $\beta 3$ Subunit CV825T Polymorphism and T-Haplotype Connections to Maternal/Infant Weight, FRSG, 3/1/2008-3/31/2009, Total award: \$12,398

Christina Koulouglioti
Single Mothers' Views of Young Children's Everyday Activities; Improving Young Children's Essential Routines: Pilot Test of and Intervention, FRSG, 10/26/2007-2/28/2008, Total award: \$1,120

Dianne Morrison-Beedy
Understanding Microbicide Use in Adolescent Girls, Susan B. Anthony Institute, 4/1/2008-4/1/2009, Total award: \$1,500

Tobie Olsan
Veterans Affairs Home-Based Primary Care, FRSG, 1/1/2008-1/1/2009, Total award: \$1,000

Irena Pesis-Katz
The Role of Quality Care in Nursing Home Choice among Medicaid Residents, FRSG, 01/01/2008-7/01/2008, Total award: \$12,500

Hyekyun Rhee
Quantification of Asthma Symptoms through Automated Monitoring Device, FRSG, 03/31/2008-3/31/2009, Total award: \$1,500

Mary Wilde
Pilot of Self-Monitoring of Urine Flow in People with Long-Term Urinary Catheters, FRSG, 1/1/2005-12/31/2007, Total award: \$3,432

Acronym Key:

AHA American Heart Association
 NIH National Institutes of Health
 FRSG Faculty Research Seed Grant
 HRSA Health Resources and Services Administration
 RTI Research Triangle Institute

Publications listed in the Scholarship section were submitted directly to *Rochester Nursing Today* by faculty members and include published manuscripts in peer-reviewed journals from January 1, 2007-April 30, 2008. Faculty research grant and award information was provided by the University of Rochester School of Nursing's Center for Research and Evidence-Based Practice.

TERRY FAMILY ESTABLISHES RESEARCH FUND

One of the first research initiatives of the Center for Outcomes Management focuses on the prevention of falls and the identification of individuals at risk of falling. Thanks to a \$100,000 endowed gift from Jon Terry and the Terry Family Talent Foundation, the center will work to refine and test a risk-assessment method and evidence-based prevention program on hospitalized patients, many of whom are at high risk of falling during their hospital stay.

“The tools currently used to assess a patient’s falling risk are unreliable,” said **Gail Ingersoll, EdD, FANN, FANP**, professor of

nursing. “We’re conducting a nine-month study to determine whether a more sensitive tool could better predict risk and prevent needless accidents in older people.”

Ingersoll hopes to secure additional funding to test the intervention on a larger patient population.

Preventing falls has personal significance to Jon Terry. His father, George “Spencer” Terry, Jr., died as a result of what Jon believes was a preventable fall. Jon has established the Terry Family Research Fund at the center in memory of his father, to support research and projects related to patient safety, specifically fall prevention and patient assessment in the older population.

Spencer Terry graduated

from the University of Rochester in 1949 after serving in the Army in World War II. He owned the George S. Terry Co., a farm supply and fertilizer business that his father – Jon’s grandfather – founded in the 1930s. Throughout his lifetime, he quietly and generously donated to his community of Brockport, which he loved. At the time of his death, Spencer made a bequest to the University of Rochester School of Nursing in the name of his wife, Elizabeth Ann Gay Terry, who was a 1940 graduate of the School. The George Spencer Terry, Jr. Endowed Fund in Nursing was also established at that time.

In 2004, Jon Terry started the Terry Family Talent Foundation to continue in



Jon Terry with a photo of his father, George “Spencer” Terry, Jr.

his father’s philanthropic footsteps.

THE FORD PROFESSORSHIP

The Ford Professorship was established in 1995 by Dean Emerita Loretta C. Ford and her husband, William J. Ford, to ensure the School of Nursing can continue to

attract and retain the best faculty. During her tenure as the first Ford Professor, **Harriet Kitzman, PhD, RN**, secured millions of dollars in research funding for the School, mentored numerous faculty researchers, and worked tirelessly on

her own research on high-risk mothers and children. The impact that Kitzman has made under the Ford Professorship to the present goes way beyond the many faculty and students that she has mentored at the School of Nursing.

“Dr. Harriet Kitzman more than fulfilled our expectations for our first professorship as an intellectual giant,” said Ford. “Harriet established the model, the trajectory, and set the pace for those who will follow. Her successor, Dr. Gail Ingersoll, obviously has the ‘right stuff’ to continue the legacy she has inherited from Dr. Kitzman, and we are thrilled with her

appointment.”

Ford’s relationship with Ingersoll spans more than 20 years. Ingersoll says Ford encouraged her to apply for a Robert Wood Johnson postdoctoral fellowship, which led to her enhanced interest in research, exposure to health-care leaders across the country, and the opportunity to develop her skills as a scholar.

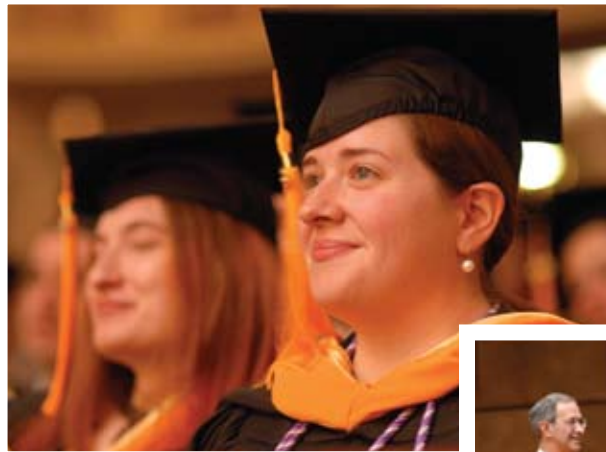
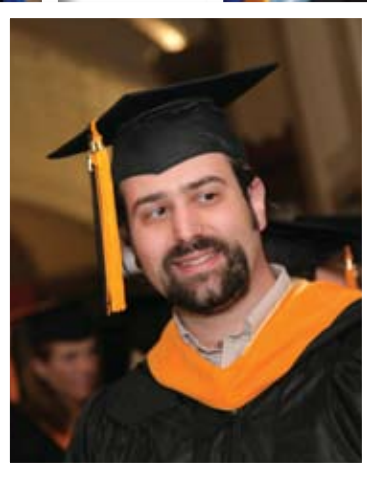
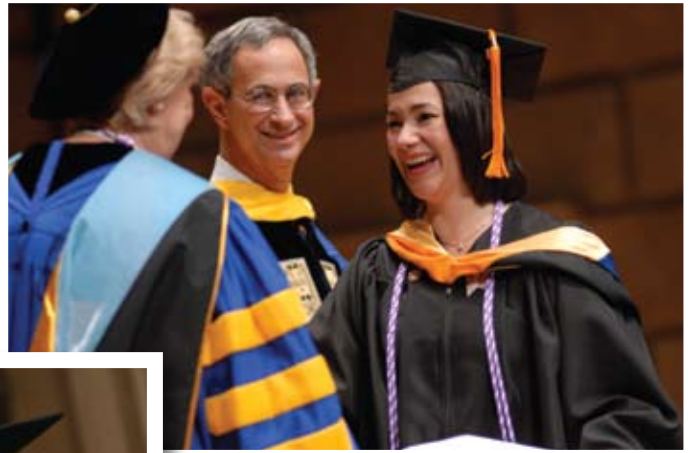
“Lee clearly saw a direction for me that I did not envision for myself – and for which I have been forever grateful,” she said. “My appointment as the Loretta C. Ford Professor of Nursing is one of the great achievements of my career.”



From left, Harriet Kitzman, Gail Ingersoll and Dean Pat Chiverton.

GRADUATION

MAY 16, 2008





A CHARITABLE GIFT ANNUITY: *Guaranteed Income for Life*



Since 1957 Eleanor Hall's life has been entwined with the School of Nursing. Academic leader, champion of nursing education and generous philanthropist, Miss Hall continues to enjoy income from the charitable gift annuity she established more than a decade ago.

Eleanor gave stock to the School of Nursing to fund a University of Rochester charitable gift annuity. The annuity payout rate, based on her age at the time, was 8.5%. Miss Hall benefited from a generous charitable tax deduction, increased her income stream from stock that was paying a relatively low dividend, and continues to receive quarterly payments that are fixed and guaranteed. To date, Miss Hall has received total annuity payments that exceed the amount of her original gift. She has received back every penny and enjoyed a portion of her annuity payments as tax-free income for the first several years.

Thanks to strong performance of the University of Rochester's highly diversified endowment, the market value of Eleanor's fund to the School of Nursing has grown and is today 42% higher than the contributed value.

"I could not be more delighted with my charitable gift annuity. The School of Nursing will likely receive more funds than I originally gave which will greatly benefit the School. I am very pleased with the income I receive and the investment performance of my University fund."

My best wishes always,

*Eleanor A. Hall, R.N., M.A., H. '61
Professor Emeritus
Chair, Department of Nursing 1957-1971*

Immediate Payment Gift Annuity Rates for One Annuitant

AGE	PAYOUT RATE
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60	5.5%
65	5.7%
70	6.1%
75	6.7%
80	7.6%
85	8.9%
90	10.5%



Eleanor Hall in the Eleanor Hall Heritage Room, the former Director's apartment in Helen Wood Hall.

The minimum to establish a charitable gift annuity is \$5,000. For more information or a no obligation illustration or for information about other planned giving opportunities in support of the School of Nursing, please contact:

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PLANNED GIVING

ELAINE HUBBARD, EDD, RN, ANP

Professor Emeritus, Life Member of the Dean's Advisory Council, and Founding Faculty Member of the Community Nursing Center



Everyone has a basic need to be independent and to remain active and vital in their homes and communities. The School

has established the Elaine C. Hubbard Center for Nursing Research on Aging, with an emphasis on keeping older people well and independent longer. With the School's integrated missions in nursing education, research, patient care, and community health, we are uniquely positioned to make a significant difference in the lives of older people. Through a provision in my will and on-going life-time

gifts, I will help maintain this mission. Together, we envision a new national model of care that emphasizes independence, functionality, health promotion, and health maintenance.

Because I have shared information about a provision in my will, leadership at the School is aware of my commitment to furthering nursing education and patient care. And, I have the

satisfaction of knowing that I am helping to build the future of nursing.

For more information about how to include the School of Nursing in your will, or for other gift-planning ideas, contact Marianne Virgilio in the Office of Trusts and Estates at (800) 635-4672, or visit our Web site at www.rochester.plannedgifts.org.

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If you have any questions or if you would like to discuss your gift, please call Dianne Moll, associate director of Advancement at the University of Rochester School of Nursing (800) 333-4428 / (585) 273-5075, or via e-mail at dmoll@admin.rochester.edu.

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UNIVERSITY OF ROCHESTER ESTABLISHES NEW DONOR RECOGNITION SOCIETY

The University of Rochester has established the George Eastman Circle to honor donors who provide leadership Annual Fund support to any of the University's schools and units, including all areas within the Medical Center. It is the University's only donor recognition society that counts multiple school or unit Annual Fund gifts as one aggregate commitment and recognizes the total at the University level.

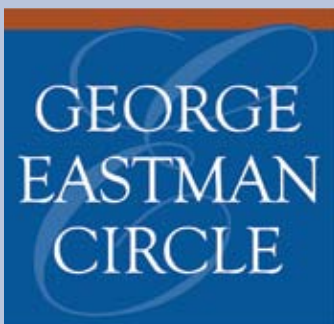
Annual Fund gifts have a significant impact in every area of the University. They are, by definition, unrestricted, current-use funds that provide the head of each school, unit,

or department with maximum flexibility for responding quickly to new opportunities or to meet unexpected needs. For the School of Nursing, these funds typically support operations, educational programs, scholarships, research, and similar initiatives.

The George Eastman Circle is more than a donor recognition program. It is an opportunity for the University's alumni, parents, and friends to join together to strengthen and advance the University as it enters the next transformational period in its history. Members will have access to programming

that highlights and celebrates the University's greatest achievements.

Members of the George Eastman Circle will help the University provide even greater service to the community and world. By joining together, they are honoring the legacy of one of the University's greatest benefactors, George Eastman. For more information on becoming a member of the George Eastman Circle, please contact Dianne Moll at 585 273-5075 or dmoll@admin.rochester.edu.



Member status will be granted to supporters who make a five-year pledge at one of the following annual levels:

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Highlights

- ☞ Kick-off Reception Thursday evening—Continuing Education Programs
- ☞ Tours of Strong Memorial Hospital featuring trauma and pediatric units
 - ☞ 50th Annual Clare Dennison Lecture
- ☞ Alumni Association Luncheon Featuring: *Distinguished Alumnus, Sigma Theta Tau Awards, State of the School, Presentation of Class Gifts*
 - ☞ Class Photos
- ☞ Tours of the School of Nursing, Loretta C. Ford Education Wing—Student Simulation Demonstrations
 - ☞ Dean's Diamond Circle Reception (*call to become a member— event by invitation only*)
 - ☞ 50-Year Club Breakfast/Medallion Ceremony
 - ☞ Class Dinners at the Rochester Museum and Science Center on Saturday evening

ALUMNI WEEKEND