



School-Based Health Centers



What We Offer

Our School-Based Health Centers offer a variety of health services conveniently on-site in your school and feature **no out-of-pocket cost** and **no copays**.

We also work directly with your primary care doctor and bill your insurance for services received. If you do not have a doctor or insurance, we will work with you to connect with a doctor or obtain insurance.

Our team features family and pediatric nurse practitioners, licensed clinical social workers/therapists, and ambulatory technicians to provide services in your school building.

Services Provided

- After-Hours coverage 24 hour a day, 7 days a week for patients 585-435-2332
- Treatment for injuries and illnesses
- Prescriptions and over the counter medications for illnesses
- On-site lab services, including throat cultures, flu, and COVID-19 testing
- Immunizations/vaccines
- Physicals for sports and work permit
- Adolescent health counseling
- Mental health assessments, counseling, and referrals
- On-site referrals to Eastman Dental Clinic

How to Enroll

A parent or legal guardian must sign the **enrollment/consent form**, which can be completed by picking up a form at a Health Center or online by visiting urson.us/sbhc or using the following QR Codes:

English Version



Spanish Version





Contact/Correspondence

Our School Based Health Center team, may send an e-mail to you from SBHCSO@URMC.ROCHESTER.EDU and/or text message from our cell phone at (585) 435-2332 primarily to send appointment reminders and Zoom links for telehealth appointments. Because email and text messages may not be secure, the School-Based Health Centers will NOT include personal health information, and we recommend that you do not provide personal health information in any reply for confidentiality reasons.

Crisis/Emergency Support

If you are experiencing a CRISIS and/or an EMERGENCY support is always available, you are NOT alone:

- **Call 911**
- **UR Mobile Crisis Team** (585) 529-3721
- **Center for Youth** (585) 271-7670 **211/LIFE LINE:**
<https://www.211lifeline.org/>
- **National Suicide Prevention Hotline** (24 Hours) Free and confidential prevention and crisis resources for people in distress 1-800-273-8255 Online chat platform:
<https://suicidepreventionlifeline.org/chat/>
- **National Parent Helpline** Emotional support and problem-solving help for parents, available 1PM to 10 p.m. Monday – Friday (855) 427-2736
- **Rochester Parent Network Nurse Line** (585) 292-Baby (2229)
- **Trevor Project** Provides crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender and questioning (LGBTQ) young people ages 13-24 **Lifeline** 1-866-488-7386 **TrevorText** Text start to 678678 – confidential text messaging with a counselor, available 24/7
Visit <https://www.thetrevorproject.org/>

Additional Info

- **Patient’s Bill of Rights:**
<https://www.health.ny.gov/publications/1500/>
- **Patient’s Bill of Rights (Spanish):**
<https://www.health.ny.gov/publications/1501.pdf>
- **Parent’s Bill of Rights:**
<https://www.health.ny.gov/publications/1470.pdf>
- **Parent’s Bill of Rights (Spanish)**
<https://www.health.ny.gov/publications/1471.pdf>
- **For more information:**
https://www.health.ny.gov/professionals/patients/patient_rights/index.htm
- **Notice of Privacy Practices HIPAA**
<https://www.urmc.rochester.edu/medialibraries/urmcmedia/privacy/documents/NoticeofPrivacyPracticesHIPAA.pdf>
- **NOTIFICACIÓN SOBRE LAS PRÁCTICAS DE CONFIDENCIALIDAD**
<https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/privacy/documents/Spanish-Notice-Privacy-Practices.pdf>
- **Informational Sheet for Patients of URMC & Affiliates on Rochester RHIO**
<https://www.urmc.rochester.edu/MediaLibraries/URMCMedia/medicine/allergy/patients-families/documents/RochesterRHIOStandardConsent-0916-URMC-and-Affiliates.pdf>

Mental Health/Counseling Referral scan QR code.

Must be enrolled in health center to receive counseling/therapy services

