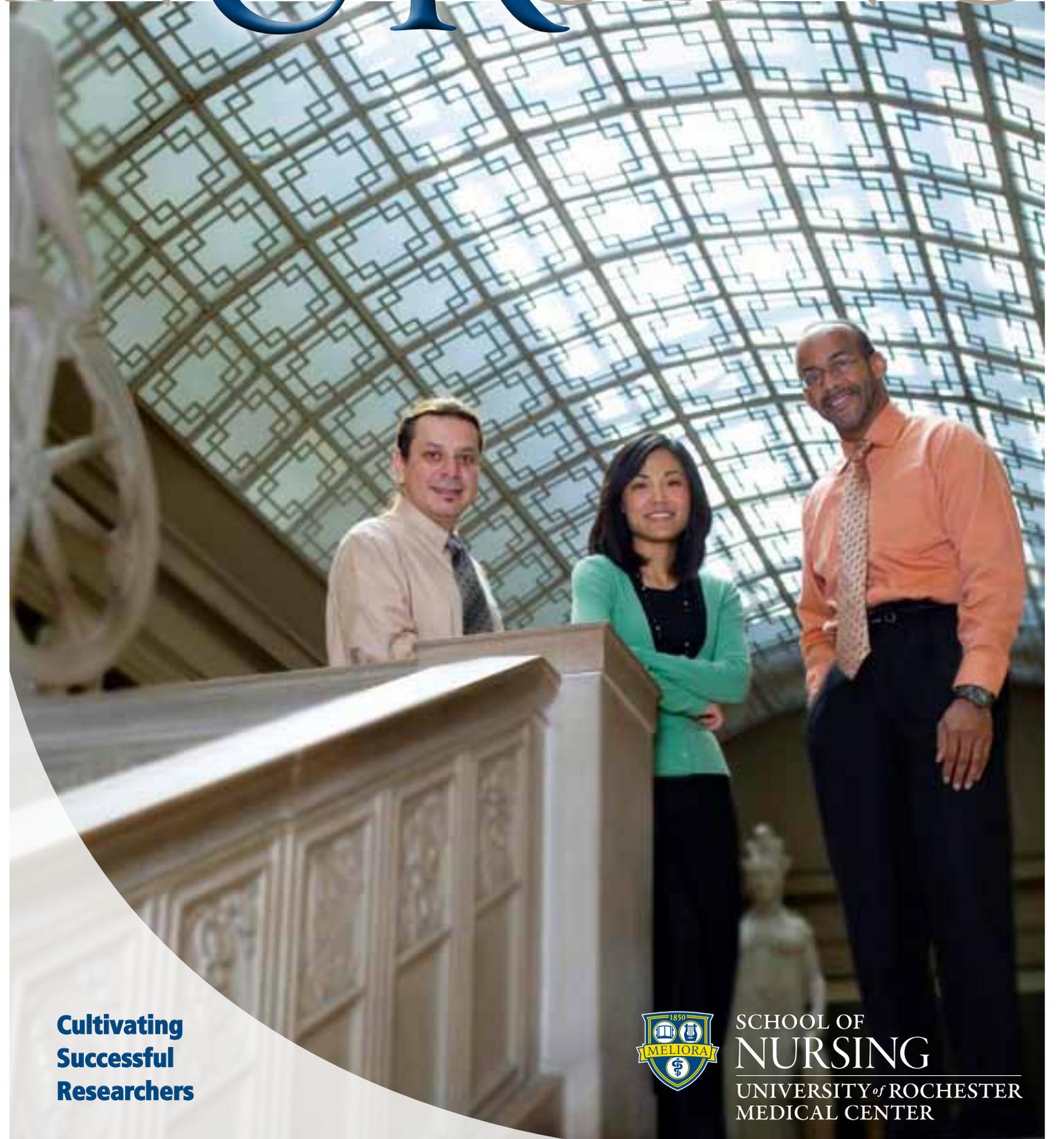


# NURSING



**Cultivating  
Successful  
Researchers**



SCHOOL OF  
**NURSING**  
UNIVERSITY of ROCHESTER  
MEDICAL CENTER



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On the cover: School of Nursing researchers (from left to right) Martin Schiavenato, Ying Xue and Sheldon Fields have all been honored with prestigious awards from the Robert Wood Johnson Foundation.

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# Innovative Challenging Collaborative Successful



Kathy P. Parker, PhD, RN, FAAN

*Dean and Professor  
University of Rochester  
School of Nursing*

All of these words characterize research today at the University of Rochester School of Nursing. While some faculty are engaged in established, nationally known studies, others are active in opening up new areas of investigation. Many take on health issues faced by high-risk and underserved populations, and all believe that nurses are essential to true health care reform.

A strategic and well-executed plan has guided efforts to expand research. There has been an emphasis on recruiting cross-disciplinary faculty while encouraging more of the existing faculty to conduct research. There has also been a move to better support junior faculty as they complete pilot work and prepare for major grants.

Awareness of the critical need for nurse educators has resulted in the School's opening its PhD program to health professionals other than nurses and offering one of the largest candidate stipends available nationally.

The results of cultivating so many different facets of research are evident. In an environment of fierce competition for limited grant money, School of Nursing researchers saw their National Institutes of Health dollars rise by more than 200 percent in the fiscal year that ended Sept. 30, 2008. That propelled the School's rank to sixth among 82 national nursing schools.

In the last 12 months, three researchers have been selected for prestigious awards from the Robert Wood Johnson Foundation. Martin Schiavenato received an RWJF Nurse Faculty Scholars award, which recognizes outstanding junior faculty with three-year, \$350,000 career-development grants. The program's goal is to develop the next generation of national leaders in academic nursing by providing mentorship, leadership training, salary and research support to young faculty.

This is the same award that Ying Xue received last September when the NFS program debuted. In only the second year of this national initiative, the University of Rochester School of Nursing has reached its maximum eligibility: RWJF allows no more than two active scholars in the program at any one time.

Sheldon Fields was named an RWJF Health Policy Fellow for 2009-2010. Awarded by the RWJF and administered by The Institute of Medicine, the fellowship will enable Fields to spend a year in Washington, D.C., enriching his understanding of public policy practices and utilizing his range of experiences to provide health policy leadership on Capitol Hill to improve health and health care.

The following pages highlight the work of these talented researchers and others. A Q&A with associate dean for research, Harriet Kitzman, also provides a closer look at how research at the School of Nursing has changed and where it is going.

My deep gratitude goes to the faculty, staff, students, alumni and friends who supported the efforts of the School this year with their generous gifts, especially in such challenging economic times. I am so pleased to say that we saw an increase in giving to all of our programs; we could not have achieved this without your help. It is your continuing commitment that will keep the School of Nursing at the forefront of nursing education and research. Thank you again for your dedication to our School.

*Kathy P. Parker*

## Using Technology to Gauge Pain in Premies

RESEARCHER:  
Martin Schiavenato, PhD, RN  
Assistant Professor  
School of Nursing



**E**pidermolysis bullosa is a rare genetic disorder that causes skin to blister or tear in reaction to any trauma, no matter how minimal. Young patients suffering from it are often called “butterfly children” because of their delicate skin.

As a Neonatal Intensive Care Unit nurse working the night shift in the 1990s, Martin Schiavenato treated a little girl with the disorder, caring for her and watching as she endured tremendous pain. Upon her death, he determined that he would do something that helped babies with pain.

His research reflects that mission. Schiavenato focuses on the application of technology to pediatric pain assessment. While his earlier research focused on developing a new, more sophisticated facial pain scale, his current project involves the design and construction of an ambient orb that can detect and convey pain in premature infants. It is work that is being supported through a Nurse Faculty Scholars (NSF) award, a program of the Robert Wood Johnson Foundation.

Schiavenato has developed a way to send physiological and behavioral information from premature babies to a processor, which then uses a complex algorithm to translate that data into colors displayed on the orb. Each color would indicate a different level of pain.

“It’s a highly subtle and objective means of conveying information at the bedside that I think could help health care providers assess pain and lead to better treatment,” he said.

Schiavenato, a self-professed “Trekkie,” is working on the project with faculty and students from the University of Rochester’s Department of Biomedical Engineering. This fall they are going from a lab to a bedside version. He expects to test it in a clinical setting by spring 2010.

“The biggest challenge has been determining which signals to use and in what combination,” Schiavenato said. “It is very difficult to gauge pain in preemies. A baby born at 28 weeks and a baby born at 36 weeks are very different creatures. They don’t send the same signals.”

Initially, Schiavenato is using three key measures: heart-rate variability, which is sensitive to the anabolic “flight or fight” response that is triggered by stress; electromyographic (EMG) activity, which measures muscle movement of the mouth; and movement of a flex sensor placed in the palm of a baby’s hand, which will bend and send a signal as the hand splays in response to distress. Schiavenato is starting out simply with these three measures triggering one of three colors: green for fine, yellow for increasing stress and red for distressed. But the potential for his work is vast. Different combinations of physiological responses will work better for different-age babies. More colors may be able to indicate more subtle changes in stress and pain. Perhaps, down the road, the application may translate to different clinical conditions such as stroke or Alzheimer’s.

For now, Schiavenato is focused on simply building the groundwork that will help the youngest babies start their lives with less pain.

## Research

**M**otivated by the hope that her work could lead to a better understanding of how to address the nation's nursing shortage and at the same time improve patient care, Ying Xue is examining the long-standing and widely used practice of employing supplemental registered nurses (SRNs) in hospitals.

"Given the lack of evidence regarding the use of SRNs, the effects on quality and cost are not well understood. Yet this is a common and growing trend," Xue said. "My goal is to look at the economic consequences of using SRNs as well as the relationship between their use and patient outcomes and voluntary nurse turnover. I think it could have important implications."

Others agree. In September 2008, Xue was chosen to receive one of 15 inaugural Robert Wood Johnson Foundation (RWJF) Nurse Faculty Scholars (NFS) awards. The grant supports

her research with mentorship, leadership training, salary and research support.

Using surveys conducted every four years from 1984 to 2004, Xue's NFS study examines national employment patterns of SRNs. By analyzing 20 years' worth of information, she will be able to get a comprehensive profile of SRNs and how they're being utilized in acute-care settings. "I am very excited about this stage of my work," she said. "We will be able to see where these nurses come from geographically, which clinical units they tend to go to, what kind of education they have, their ages. It may provide information that can help shape nurse workforce planning for years to come."

Xue is also looking at how using SRNs affects cost and the quality of care. This study, funded in 2007 by the RWJF Interdisciplinary Nursing Quality Research Initiative, is the first to explore both outcomes and costs related to the use of

SRNs in a hospital setting. "I hope that I am able to provide policy makers and hospitals with the information they need to make evidence-based decisions that improve health care," she said.

A native of China, Xue knew she wanted to pursue her doctorate in nursing in the United States. What area she would focus on was less definitive. But while completing her postdoctoral fellowship, she discovered her love of health policy research. Now, in addition to her projects, she shares her enthusiasm, her talent and her knowledge, teaching PhD students. Recently, she proposed, designed and taught a class on how to use existing data for research.

"I have been blessed with wonderful mentors and opportunities in my career," Xue said. "It is a pleasure for me to teach and to share my experiences so that upcoming researchers can be successful in their endeavors."

## Examining Staffing Trends to Better Address the Nursing Shortage



**RESEARCHER:**  
Ying Xue, DNSc, RN  
Assistant Professor  
School of Nursing

Sheldon D. Fields wears many hats. He is a behavioral health scientist conducting research in HIV prevention, a family nurse practitioner with an active clinical practice in HIV primary health care, an educator teaching the next generation of nurse practitioners, a community advocate working with a local non-profit organization known as the MOCHA Center Inc., a national nursing leader in the Association of Nurses in AIDS Care, and now a policy activist in Washington, DC.

The last of those roles took shape just this September, when Fields began work in Washington, DC., as a Robert Wood Johnson Foundation (RWJF) Health Policy Fellow. Awarded by the RWJF and administered by The Institute of Medicine (IOM), the Health Policy Fellows program provides the opportunity to draft legislative proposals, arrange hearings, brief legislators for committee sessions and floor debates, and serve as a liaison between elected officials and key audiences.

“This is an incredible opportunity for me to really get to learn the ins and outs of how things get done,” Fields said. “The reality is that if you’re going to make real policy change you have to be a part of things, you have to make the contacts. You also have to be able to step back and have a broad picture. The fellowship will afford me all of these things.”

Though health policy is a new area for Fields, it’s a natural progression given the experiences he’s had both as a researcher and clinician. “The more work I do, the more I realize I run into walls of all kinds. If we can change some of our health care policies, we can get more people access to care,” he said.

That goal has been paramount to Fields for some time. He is principal investigator for Project YEAH, Youth Empowerment Around HIV, a \$1.5 million, five-year project funded by the Human Resources Services Administration, aimed at engaging HIV-positive young men of color, who have sex with other men, around the

issues of HIV prevention, advocacy, education, medical services, outreach and testing.

“In addition to developing innovative, culturally appropriate HIV interventions, we’ve tried to identify the barriers to consistent care and create best practices that consider those barriers,” Fields said. “We don’t lack HIV care here in Rochester. Instead, with this group of young men, it’s about what’s keeping them from seeking or continuing care.”

Though it is now his passion, it was rather begrudgingly that Fields went into HIV work. He began his research career looking at intimate-partner violence. He switched because doing so afforded him the chance to work with Loretta Sweet Jemmott, PhD, RN, one of the nation’s foremost researchers in HIV/AIDS prevention among African-American adolescents. But as friends were diagnosed with HIV and Fields began working in a community clinic where there was a high prevalence of HIV, his reasons became much more personal.

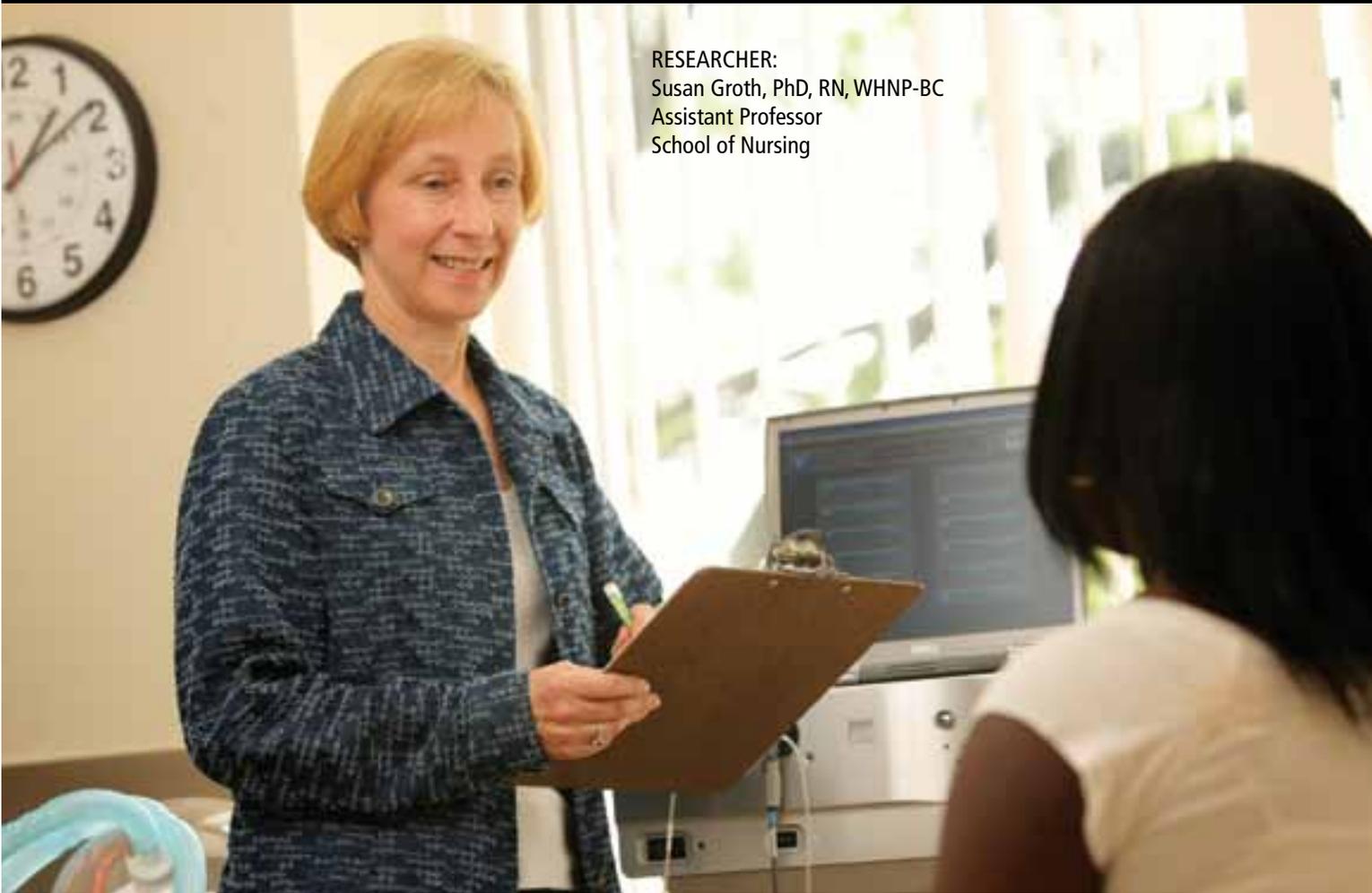
## HIV Prevention Researcher Looks to Make Policy Change



RESEARCHER:  
Sheldon D. Fields, PhD, RN, FNP-BC,  
AACRN, DPNAP, FAANP  
Associate Professor  
School of Nursing

## Looking for a Genetic Link Between Gene and Pregnancy Weight Gain

RESEARCHER:  
Susan Groth, PhD, RN, WHNP-BC  
Assistant Professor  
School of Nursing



Clinical experience has not just informed Susan Groth's work, it has shaped her career as a researcher. In the early 1990s, as a staff nurse in a newborn nursery, Groth saw room for prevention and health education beyond what was typically offered to new mothers. So she returned to school for her master's degree in order to effect change. After she became a nurse practitioner, women told her again and again that after they had children, they had been unable to lose the pregnancy weight. Groth went on for her doctorate to gain the tools to study the issue more.

Now Groth, the only nurse funded as a KL2 (Mentored Career Development Program) scholar by the University of Rochester's Clinical and Translational Science Institute, is nearly a year into a study looking at the relationship between women's physical activity levels during pregnancy and the amount of weight gained. She wants to find out if these levels are affected by the presence of a particular gene.

"The hope is that if this study proves there is

indeed a link, then we can tell women how much physical activity they need to do to counter the genetic component and keep their pregnancy weight gain at a healthy point, leading to better outcomes for them and for their babies," Groth said.

Groth's work is particularly relevant in light of the rise in obesity in America and the revised pregnancy weight-gain guidelines issued in May by The Institute of Medicine. Excessive weight gain during pregnancy can have adverse effects for both the mother and baby.

Specifically, Groth is focusing on the weight gain of African-American women, a demographic shown to have the highest prevalence of obesity. Based on data from the 2003-2004 National Health and Nutritional Examination Survey, 62 percent of all women were overweight or obese, but 82 percent of all African-American women were overweight or obese. The gene that Groth is studying is carried by 70 percent of African-American women.

Groth's observational study, which began

enrolling participants in October 2008, follows women through pregnancy up until six months after delivery, measuring weight changes, diet and activity levels, as well as energy expenditure while lying in bed. "In the end, we'd like women to come out of pregnancy the healthiest they can be and ensure that each baby has the best start possible," Groth said.

Always considering the bigger picture, Groth is conducting focus groups with the same population to understand cultural influences on physical activity and nutritional habits; the goal is to create appropriate interventions. She is also working with University of Rochester colleagues and researchers from Cornell University on a pregnancy/weight gain study that looks at Internet-based interventions.

In addition to her research, Groth teaches in the School of Nursing across programs and provides obstetric and gynecological care for adolescent girls at the Hillside Family of Agencies, which includes residential and juvenile justice facilities.

## Slowing the Spread of HIV Drives Epidemiologist



RESEARCHER:  
James McMahon, PhD  
Assistant Professor  
School of Nursing

James McMahon was inspired by the adventures of Donald Johanson, the Indiana Jones-type figure who discovered the famous “Lucy” fossils. So he became an anthropologist—today, he is on a quest. But it has nothing to do with unearthing skeletons in foreign lands. Instead he is searching for ways to prevent the spread of HIV and the hepatitis C virus (HCV). In this search, he studies the behavioral, social and cultural factors that contribute to the spread of infectious diseases in vulnerable populations.

Prior to coming to the School of Nursing in 2007, McMahon spent more than a decade as an investigator at the National Development and Research Institutes in New York City. There, he conducted community-based public health research in low-income neighborhoods.

“I did a little bit of everything,” he said of his time working on a study involving drug-using women. “But the community-based work I did in

East Harlem was a life-changing experience for me. It really showed me the disparity that exists and the broad areas of disadvantage that people are born into. It’s not surprising that there is drug use or that HIV and AIDS are not the most pressing concerns for most people. It’s about ‘Where am I going to sleep?’ or ‘I’ve lost my kids.’”

McMahon’s early experiences have shaped the work he’s done since. He has studied how women drug users’ relationships with male partners affect their HIV risk and looked at the effectiveness of couples-based HIV counseling and testing. He has also examined HCV transmission among drug users and explored the barriers to both drug treatment and HIV prevention among heterosexual drug-injecting couples. His work extends as far as Vietnam, where he is collaborating on a study to examine the role of sex work on the spread of HIV, and to Estonia, where he

is helping to investigate the rapidly growing HIV epidemic among injection drug users.

“I’ve gotten obsessed with this epidemic,” McMahon said. “Fewer people may be dying from AIDS in industrialized countries thanks to treatment, but it remains devastating on a global scale. As one investigator, I can’t make it disappear, but I can contribute collaboratively and try to lessen the burden.”

In addition to his work as a member of the Clinical Core of the Center for AIDS Research at the University of Rochester Medical Center, McMahon thrives on his role as educator. “Aside from the excellence of the research taking place at the School of Nursing, I made the choice to come to Rochester for the opportunity to teach and mentor. I really love doing that,” he said. His willingness to offer his expertise and support was recognized by his peers in 2008 with the School’s Faculty Colleague Award.



# Q&A

with  
**Harriet Kitzman**  
 Associate Dean for Research

**How would you characterize the research activities taking place at the School of Nursing?**

Looking at our portfolio, you will find a wide range of subject matter. The field of nursing research is burgeoning with critical questions, and it's not surprising that the research activities of a faculty with our educational and clinical expertise would cover an equally broad spectrum of topics. There are several ways to categorize much of our research.

First, the majority of the studies are directly related to clinical care. Faculty are developing and studying interventions that, if found to be efficacious, can inform health care practice and be moved into health delivery systems such as palliative care, home care and care coordination.

Second, much of the research has an eye to the future. Three faculty are working in collaboration with faculty in the University's Departments of Computer Science and Biomedical Engineering on cutting-edge technological devices to improve patient care. Two faculty members have studies related to determining genetic risk for problematic health behaviors.

Third, prevention is a huge focus. Several programs look at reducing some of the most deleterious risk behaviors. These include prevention and treatment of substance use, risky sexual practices, conflict in relationships and disordered eating and sleeping.

Finally, several faculty focus on the vulnerable, those living day to day with multiple diagnoses and symptoms that involve complex treatment regimes.

**The School of Nursing saw its NIH research funding jump substantially in 2008.**

**To what do you attribute the increase in funding overall?**

Success comes with commitment of the institution and faculty to develop science for the field, and the time and resources to do it. We have a group of promising junior faculty to whom we have made those commitments and who, in turn, have been very productive. We also have a cadre of experienced senior faculty who are committed to sustaining their work and fostering the growth of junior faculty and trainees. A major step in recent years has been recruitment of interdisciplinary faculty who have brought new areas of investigation and strengthened research methods of other faculty.

We also built a center to provide timely and individualized research services, such as methods and statistical consults, health project coordination and data management and analysis. We have a well-developed pre- and post-award service to efficiently manage grants. These have been good investments in the future. We estimate the time to major grants has been reduced by as much as three years, resulting in a larger proportion of the faculty funded as well as larger awards.

**Why is this an exciting time to be a researcher at the School?**

Quite simply, if you're here, you're likely to experience success. With more than 90 percent of the academic faculty externally funded, there is an atmosphere of confidence that research efforts will lead to ever more exciting careers and scientific contributions.

**Explain the role that the Centers of Excellence play in the School's strategic research plan?**

The Centers of Excellence are designed as the focal points for specific areas of science. They're where the major programs of research are generated, interdisciplinary research teams are built and pre- and postdoctoral fellows are trained. Consistent with our mission as part of the Clinical and Translational Science Institute\* (CTSI), we are eager for our Centers to have active participants from other schools and departments in the University, just as we expect our faculty to participate with other Centers within the University.

As the size of our faculty grows, new areas of research emerge and more interdisciplinary collaborations are formed, we will build Centers as needed to ensure synergy by working collaboratively on common areas.

**The School is known for its emphasis on mentoring. Why is it so valuable and how do you support it?**

I start with the belief that everyone can use mentoring and can be a mentor. Moreover, successful mentoring is the product of committed faculty, time and a supportive environment. At the University of Rochester School of Nursing, we interpret mentoring broadly since traditional mentoring is supported by the environment. Starting with administration, we work to ensure that the time available in the faculty member's workload is compatible with that individual's research goals for the year. Annual reviews of faculty with the responsible dean are coupled with the individual and

*continued >*

continued > **Q&A with Harriet Kitzman, Associate Dean for Research**

organization goals for the coming year. Seminars and workshops on building research programs are available. Manuscript and proposal-writing courses and workshops are ongoing. Individual sessions with the faculty member and members of the Tenured Faculty Committee are conducted to review the junior faculty member's progress and make suggestions. Arrangements are made for faculty to go to meetings, make visits to other universities and seek consultation and mentoring from experts outside the University if desirable.

We see the mentoring process as complex, particularly when the focus of the research calls for interdisciplinary collaboration. Rather than the traditional one mentor and one mentee relationship, faculty are encouraged and assisted in developing mentoring teams. For us, there are no boundaries in mentoring. It is expected that one can seek guidance from anyone whom they think can help them develop insights about their work and its progress.

Perhaps one of the most important requisites to successful mentoring is timely access to guidance and resources. Characterized by a philosophy of teaching/learning and service, the Research Facilitation Unit of the Center for Research and Evidenced-Based Practice makes consultation and services for preliminary and pilot studies readily available with few barriers.

**You mentioned interdisciplinary collaboration. How do you foster that?**

I believe that some of the most pressing problems in health care can be best studied by introducing the perspective of and science underlying the discipline of nursing. In turn, most of the research related to those problems can be informed and improved by introducing the expertise of other disciplines.

The problems that I think are particularly important to nursing today are related to things such as health disparities, care coordination for the vulnerable, multiple symptoms management, and utilization of new electronic communication systems. These can most effectively be studied by interdisciplinary teams.

Finding interdisciplinary colleagues starts with a commitment to share the excitement, work, and rewards of one's work with others. Fortunately, with that commitment one needs only to pick up the phone or send an e-mail at the University of Rochester. In our medium-size, research-intensive university, the faculty and schools are well integrated and opportunities are often created to encourage interschool faculty interactions. We are also very fortunate to have the CTSI.\* The rich infrastructure for research that has been developed is highly supportive of the work of all faculty but is particularly supportive to new transdisciplinary studies.

As for my role, I encourage faculty to consider the insights others could bring to their area of study and what they can contribute to that of others. More important, I urge them to consider the emergent synergy, which can result in new questions and new solutions to old problems. After careful consideration of the risks and benefits, I help them make connections if needed.

**What are the greatest challenges facing nursing research right now?**

The health care crisis has created tremendous challenges as well as untold opportunities for nursing. We're challenged to generate the will and the resources to be a major discipline that advances science to meet the needs of tomorrow's consumers despite competing demands.

Too many nurses start research too late and end with stunted research careers. Because of economic demands accrued and the limited opportunities, nurses who do start late frequently bypass postdoctoral research training and accept faculty positions without research training sufficient to be an independent investigator.

At the organization level, urgent demands to increase the number of nurses educated have led schools to expand their basic nursing educational programs, leaving faculty—already handicapped because of limited postdoctoral training—with less time to invest in research and less ability to compete for funding.

Although nursing addresses some of the most pressing health care needs, many of the most cost-effective solutions are not high tech and thus do not garner interest and excitement for research funding. The next major challenge confronting nursing research is to ensure that health care colleagues, policy makers and funding institutions believe in the rigor, quality and importance of the research sponsored by schools of nursing.

**What advice do you give to new researchers?**

First, make each step count in building a program of research. Every project represents a building block. Blend your scientific passions with realism regarding what is possible to do at the time. Build short-term and long-term goals but be ready and flexible enough to deviate from the path you have set if you hit an obstruction and the environment provides new opportunities.

Second, enjoy the collegiality and help of those who are in a position to both challenge and support you. Expose your ideas to others. Garner the intellectual excitement that comes from the resulting synergy. In science, the scientist is only as good as his or her ideas and hypotheses, which are enhanced by rigorous study, writing and dialogue with others.

Finally, retain a balance between university teaching and service, research and scholarly work, and personal life. Evidence abounds that sustaining a cutting-edge program of research requires time and energy as well as commitment. Be sure to enjoy the search for answers to your most perplexing questions, and allow room to be surprised. Insights often come when, where, and from whom one might least expect.

*\*The University of Rochester Clinical and Translational Science Institute is one of 38 institutions nationwide with funding from the National Institutes of Health to lead the emerging field of clinical and translational research. The Institute is building the foundation to assist researchers at the University and across upstate New York to produce innovative technology and methods that more efficiently and more quickly advance treatments to patients.*

## DNP Program Graduates First Student



Pamela Herendeen,  
DNP, RN, PNP-BC

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“I’m taking all of the research I did and translating it into practice change.” — Pam Herendeen

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In September 2007, the School of Nursing launched the Doctor of Nursing Practice degree program. Aimed at improving patient care through the most rigorous academic training, the DNP represents the highest level of academic preparation for practicing nurses.

In May 2009, **Pamela Herendeen** had the honor of being the first student to graduate from this innovative program. The accomplishment marked not just a milestone for the School but also for Herendeen, who boasts a long and accomplished career.

Becoming a nurse fulfilled a childhood dream for Herendeen. She started her career as a staff nurse at Rochester General Hospital. While there she enrolled as a master’s student at the University of Rochester School of Nursing to pursue her degree as a pediatric nurse practitioner. She eventually moved to Strong Memorial Hospital, and for the last 18 years has worked at Strong Pediatric Practice, part of Golisano Children’s Hospital at Strong. In her role as a senior nurse practitioner, Herendeen serves a high-risk vulnerable population of

children and teens, providing both well-child and chronic care.

About 14 years ago, Herendeen, an associate professor at the School of Nursing, got involved in evaluating children for abuse. An integral member of the team that established the Bivona Child Advocacy Center in Rochester, today she still provides medical care through REACH, an agency program that offers services and support to meet the needs of child victims of sexual or physical abuse and their families.

Given her clinical focus, Herendeen didn’t pursue a PhD despite interest in taking her education further. “For years, I toyed with the idea, but it just wasn’t for me. I considered an EdD. But then I heard about the DNP, and at that first moment I knew it was the perfect fit,” she said.

Herendeen wanted her required evidence-based capstone project—the practice equivalent to a PhD research dissertation—to be in some way related to the prevention of child abuse. “I wanted to see if we could improve the way that people parent,” she said. “I started by looking at

how well-child care is delivered. For many folks a well-child visit is quick and the recommendations about feeding and sleeping are just reminders. But there are parents who need more support, who need anticipatory guidance.”

The capstone turned into a small pilot study that brought mothers together for a one-hour group discussion following their well-baby physicals. This setting and the social support proved to be a huge success. The mothers in the group reported fewer urgent care visits, fewer emergency department visits and fewer phone calls to nurses. Herendeen plans to continue working with the initial group of mothers and a task force is looking at how to continue this program on a larger scale.

“I really believe that this is what the DNP is all about. I’m taking all of the research I did and translating it into practice change,” she said. “Going through this program has prepared me to be a better clinician. It’s informed my practice and affected how I will look at systems issues so that I can ask the question, ‘How can we better deliver care?’”

## Students, Inmates Learn Lessons Together



in bettering themselves,” said Sara Goto, a 2009 APNN graduate and nurse at Strong Memorial Hospital.

While the program’s aim was clearly on helping Albion’s participants find their strengths, this first-time collaboration resulted in the nursing students benefiting as well. As graduation loomed, the group of 11 students realized they did have the knowledge necessary to go on and practice nursing with confidence. They also learned to be open to their patients teaching and surprising them.

“I think that maybe we had an effect on the women, but I have to say they impacted me as well. Maybe more,” said Goto. “It definitely taught me to treat patients differently. They say don’t judge a book by its cover. I really learned that through this experience.”

Nationally, the number of women in prison grew by more than 800 percent from 1977 to 2007, according to the Institute on Women and Criminal Justice. Today, of the 115,000 women in federal and state prisons, more than half have young children who are cared for by relatives or who are in foster care. This past spring, students at the School of Nursing worked with some of those women so that they might return home better prepared to handle the challenges of parenting.

Eleven students in the Accelerated Program for Non-Nurses (APNN) made the trip to the Albion Correctional Facility weekly for six weeks. Their visits were through Step by Step of Rochester, a locally based not-for-profit that assists women who are, or have been at risk of being incarcerated as they rebuild their lives and the lives of their families through strength-based programming. The students team-taught parenting classes and shared information about childhood immunizations, nutrition, childhood obesity, stress management, cardiovascular health, how to avoid emergency room visits and developing positive coping techniques.

**Leann Patel, MSN, RN**, instructor of clinical nursing and a volunteer facilitator at Step by Step, spearheaded the initiative to get the students into Albion. “I knew this could be a fabulous community health rotation opportunity for the nursing students,” she said. “They had all of the fundamental knowledge they needed about the topics covered to really make a difference.”

The students didn’t just provide an academic



look at these issues. They listened to what the inmates’ concerns were and found ways to make the information applicable to their lives both in their current environment and the ones awaiting them after their release. Simple suggestions such as choosing carbohydrates from the commissary early in the day as opposed to at dinner provided the women with real-life ways to improve their health even before they returned home.

“To be honest, I was really scared to go to Albion. I kept asking myself ‘What can I possibly teach them?’ But they were so receptive and interactive and smart. They were genuinely interested

Top: Gina DiGiovanni (left), Albion coordinator and program facilitator for Step by Step, meets with School of Nursing instructor Leann Patel and students to discuss their visits to Albion Correctional Facility.

Above: APNN graduates (left to right) Katherine Wall, Sara Goto and Marcia Barclay found the experience at Albion provided them with valuable insights as they started their nursing careers.

## Nursing School Again Awarded Funding to Support Enrollment Growth

For the second year in a row, the University of Rochester School of Nursing has received funding from the Robert Wood Johnson Foundation's (RWJF) New Careers in Nursing (NCIN) scholarship program. Last year, the School was among the first institutions in the nation to receive money from this competitive program.

Grants provided will be used for scholarships to increase the number of students enrolled in the School's accelerated baccalaureate and master's programs for non-nurses, which build upon students' existing degrees by providing generalist nursing studies that qualify students for their nursing licensing exams. The School of Nursing was awarded \$130,000, which will provide \$10,000 scholarships for 13 entry-level nursing students during the 2009-2010 academic year.

Launched in 2008 by the RWJF and the American Association of Colleges of Nursing, the initiative aims to help alleviate the nation's nursing shortage by dramatically expanding the pipeline of students in accelerated nursing programs, the most efficient route to licensure as a registered nurse for adults who have already completed a baccalaureate or graduate degree in a discipline other than nursing. Although enrollment in these programs has steadily increased over the past few years, particularly at the University of Rochester, many potential students are unable to enroll since already having a college degree disqualifies them for receiving most federal financial aid programs for entry-level students. The RWJF New Careers in Nursing scholarships address this problem.

"New Careers in Nursing aims to safeguard the health of the nation by helping to ease the nurse and nurse faculty shortage," said Susan B. Hassmiller, PhD, RN, FAAN, an RWJF senior adviser for nursing. "This important initiative will also advance the foundation's strategic goal of promoting a health professional workforce that reflects the diversity of the American public."

The program targets the need to recruit students from groups underrepresented in nursing or disadvantaged backgrounds by giving award preference to those students. According



to the National Advisory Council on Nurse Education and Practice, diversifying the nursing profession is essential to meeting the health care needs of the nation and reducing health disparities that exist among many underserved populations.

Last year, the School awarded 15 scholarships through the NCIN program. "These students had prior baccalaureate degrees in humanities, business and science disciplines, as well as other advanced degrees in business administration and liberal arts, including a doctoral degree in education administration and policy studies," said **Kathy Rideout, EdD, PNP-BC, FNAP**, associate dean for academic affairs at the School of Nursing. "Forty percent of these scholars were male, 60 percent were from an underrepresented minority group in nursing, and 27 percent were from a disadvantaged background, with several meeting more than one criteria."

Grant funding also was used by the School of Nursing to help leverage new faculty resources and ensure successful program completion by scholarship recipients. "All students receiving awards last year are participating in additional leadership training and a tailored mentoring program developed to meet their unique needs," said Rideout. "With this newest award, we hope to continue increasing enrollment, strengthen the student mentoring program, enhance recruitment and marketing initiatives, and expand academic support services."

The University of Rochester School of Nursing accelerated programs for non-nurses started in May 2002 with a class of 22 full-time students. It has grown significantly, with a current class size of 106 full-time students. To meet current demand, the School has even added a second cohort of students, who will begin classes January 2010.

AACN serves as the National Program Office for this RWJF initiative and oversees the grant application submission and review processes.

## PhD Students Get Support Grant

The School of Nursing has again received funding through the Graduate Assistance in the Areas of National Need (GAANN) support grant from the U.S. Department of Education. The GAANN Nursing Scholars program provides cost-of-living stipends up to \$30,000 per year and helps defray tuition costs for financially needy nurses who are seeking a PhD to become nursing faculty. The three-year grant award to the School of Nursing is approximately \$525,000 and began in August 2009.

The University of Rochester was one of the original 14 schools of nursing that received these grants in 2006. "Before we received this funding, students with limited incomes, even those who were committed to full-time pursuit of their degrees, really struggled to balance work and study," said **Margaret H. Kearney, PhD, RN, FAAN**, director of the School's PhD programs. "Although making ends meet is still an issue for many students, the GAANN grant has enabled us to provide meaningful cost-of-living support to young, diverse academically promising nurses in our PhD and MS-PhD programs who are our future nursing faculty."

*For more information, contact the Office of Student Affairs. Send an e-mail to [sonadmissions@urmc.rochester.edu](mailto:sonadmissions@urmc.rochester.edu) or call (585) 275-2375 for an application.*

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## Medical Center CEO Recovering from Serious Injury, Acting CEO Named

**Bradford C. Berk, MD, PhD**, chief executive officer of the University of Rochester Medical Center (URMC), continues to recuperate following a serious spinal injury suffered May 30 in a bicycling accident.

Berk, an avid cyclist, was transferred to the Kessler Rehabilitation Center in New Jersey after surgery to repair a cervical fracture. Although he has regained some limited movement, the extent of his recovery will not be known for weeks or months. He did not suffer any brain injury.

University of Rochester President **Joel Seligman** named **Mark B. Taubman, MD**, chair of the Department of Medicine, acting CEO of the Medical Center. Berk recruited Taubman to Rochester in 2003 from the Mount Sinai School of Medicine, where he served as director of cardiovascular research.

"Brad Berk was my first choice to lead the Medical Center three years ago and he is still my first choice to lead this Medical Center. I look forward to him being the CEO of our

Medical Center for years to come," Seligman said. He noted the strong and experienced leadership team already in place at URMC, but acknowledged that it's necessary to have a single leader with decision-making ability for the entire Medical Center.

"Mark is the right leader at this time," Seligman said. "He's an accomplished scientist, educator, and clinician who has earned the respect of faculty and administrative leaders. He's eminently qualified, has a proven ability to make tough decisions, and he's ready for the task. He's deeply committed to the strategic vision that Brad has developed with the Medical Center leadership."



Bradford C. Berk, MD, PhD



Mark B. Taubman, MD

Since Berk was appointed Medical Center CEO in 2006, he has presided over the creation of an ambitious strategic plan and has successfully guided the \$1.4 billion enterprise through a difficult economic climate.

The goal, said Seligman, is to maintain URMC's considerable forward momentum while Berk recovers.

The University of Rochester Medical Center has established a Web site for individuals wishing to send messages to the Berk family. For regular updates on Berk's condition or to write a message, visit: [www.urmc.rochester.edu/berk](http://www.urmc.rochester.edu/berk).

## Construction of New Research Building Underway



The University of Rochester Medical Center has begun construction on the Clinical and Translational Science Building (CTSB), a \$76.4 million project that will serve as the hub of resources, expertise, and networks necessary to accelerate the clinical application of biomedical research. The project has received \$50 million in support from New York State.

"The Clinical and Translational Science Building represents the kind of public investment in research that can advance medicine and strengthen local economic growth," said **Joel Seligman**, president of the University of Rochester.

The facility, which will be the first of its kind in the nation, will serve as a home for the

University's Clinical and Translational Science Institute. The Institute was created in the wake of a \$40 million grant from the National Institutes of Health in 2006. The Rochester grant—which is the largest NIH award in the School of Medicine and Dentistry's history—was one of the first announced by the agency under a national initiative to re-engineer clinical research.

"The CTSB represents one of the cornerstones of the Medical Center's future plans," said Mark Taubman, MD, acting CEO of the Medical Center. "This facility will make the Medical Center a more efficient and effective clinical science enterprise and a stronger competitor for government and private research dollars." Once completed, the CTSB will be occupied by 600 scientists, physicians, nurses, statisticians, research administrators, and support staff. The facility will bring together under one roof several important resources that help researchers design clinical trials, recruit participants, collect and evaluate data, and collaborate with industry and other partners. It will contain training and education programs and clinical and translational research initiatives for neurological disorders, cancer, pediatrics, health promotion with the

deaf community, and cardiovascular disease. The building will also serve as coordinating center for the Upstate New York Translational Research Network—a consortium of 13 biomedical research institutions in a geographic region stretching from Albany to Buffalo.

The 200,000-square-foot, four-story building is being constructed adjacent to Helen Wood Hall, the two buildings will share a common lobby. The site was cleared in May, and the building's superstructure is slated to rise this fall. The project is expected to be completed in the summer of 2011.

The building incorporates several design features that will increase energy efficiency. The Medical Center intends to seek a Leadership in Energy and Environmental Design (LEED) certification, which will make the CTSB the first LEED-certified building on the University of Rochester campus.

According to the Center for Governmental Research, the project will create 830 construction jobs and hundreds of permanent jobs both at the Medical Center and in the community, with a total annual economic impact of \$30 million.

## Region's Only Inpatient Palliative Care Unit Opens at Strong

The University of Rochester Medical Center (URMC) opened the region's only hospital-based palliative care unit at Strong Memorial Hospital in April.

The Albert and Phyllis Sussman Palliative Care Unit, located on a newly renovated section of the Hospital's fourth floor, offers 12 private rooms with family-friendly amenities and medical care offering the best quality of life for patients and their families at the same time they receive the best possible disease management. Palliative care provides medical treatment and comfort care during all stages of serious illness and differs from hospice, which provides comfort care in the last stages of life.

"This beautiful, spacious unit was uniquely designed so patients may receive the most modern palliative care treatments alongside any medically indicated treatments in a family-friendly environment," said **Timothy E. Quill, MD**, professor of medicine, psychiatry, and medical humanities, and chief of the Palliative Care Division at URMC. "Our specialty-trained physicians, nurses and multidisciplinary team are dedicated to relieving pain and other uncomfortable symptoms while helping patients and families receive the best possible treatment for their medical condition."



Sally A. Norton, PhD, RN, FPCN, talks with a patient on the palliative care unit.

Named in honor and memory of Albert and Phyllis Sussman, the Palliative Care Unit was made possible in large part through a gift from a charitable trust created by Albert following Phyllis' challenging experiences as a lymphoma patient, hoping to help other patients and families better address the suffering and fear associated with treatment of life-threatening illness.

With the unit's opening, URMC's Palliative Care Program provides full-service palliative care, including outpatient and in-home consultations as well as hospital-based care. Last year, the program provided more than 900 inpatient consultations and exceeded 200 outpatient and home consultations. The program's mission is

to help alleviate patient and family suffering and to promote patient quality of life through high-quality clinical consultation, education, and research.

URMC and its affiliates have more than 20 board-certified specialists in palliative care.

The palliative care team includes clinicians from a wide range of disciplines, including physicians, nurses, nurse practitioners, researchers, medical residents, social workers, chaplains, a music practitioner, massage therapists, and a bereavement coordinator.

## Strong Receives New International Quality Designation for Nursing



Strong Memorial Hospital was redesignated as a Nursing Magnet Hospital earlier in the year, the highest and most prestigious honor an organization can receive for excellence in nursing and quality patient care.

The international quality nursing designation is awarded to only about five percent of hospitals in the country.

The American Nurses Credentialing Center, the largest nurse credentialing organization and a subsidiary of the American Nurses Association (ANA), unanimously approved the Magnet

redesignation for Strong Memorial and the University of Rochester Medical Center.

Strong Memorial was first designated as a Magnet Hospital in August 2004, when it became the first hospital in the Rochester region to receive this recognition of nursing excellence. The redesignation highlights the work and accomplishments of the nurses at Strong and their continued commitment to continuously improve patient care and the health of the community.

"It was obvious that your organization has continued to grow and strengthen your programs over the past four years," said Gail A. Wolf, DSN, RN, FAAN, chair of the Commission on the Magnet Recognition Program.

The redesignation comes after more than a year of extensive documentation and evaluation of the nursing program at Strong. The American Nurses Credentialing Center studied almost 100

criteria in evaluating the quality of nursing.

"When all of the documents and narratives were pulled together, we had more than 4,500 pages of best practices to submit," said **Stephanie Von Bacho, MS, RN**, Magnet Project director. "The quality of work done by nurses at our institution continues to set the standard for excellence in nursing care."

The term "Magnet Status" originates from a group of 41 hospitals that were able to recruit and retain nurses during a national nursing shortage in the 1980s, thereby serving as a "magnet" for the profession. Strong was one of those original "reputational Magnet hospitals."

Research has shown that Magnet-designated hospitals outperform their peers in recruiting and retaining nurses—vital activities, given projections that a national shortage of nurses will increase in the coming decade.

## Faculty and Staff Present at ENRS Annual Conference

The University of Rochester School of Nursing had a large presence at the Eastern Nursing Research Society's 21st Annual Scientific Sessions held March 19 to 21 in Boston. Peer-reviewed poster presenters included:

**Christine Boev**, *Exploration of the Relationship Between Nurses' Perception of the Work Environment and Patient Outcomes in Critical Care*

**Susan Ciurzynski**, *An Exploratory Study of Vital Signs Preceding Pediatric Cardiopulmonary Arrest*

**Sally Ellis Fletcher**, *Perceptions of Entrepreneurship in Nursing (PEN) Survey*

**Susan Glose**, *Effects of Family Caregiver Involvement on Outcomes of Hospitalized Elders*

**Joanne Layton**, *Music Inspired Self-Transcendence (MIST) to Improve Quality of Life for Individuals with COPD*

**Susan Lowey**, *Perspectives of People with Non-Cancer Illnesses about Care at the End of Life*

**Maureen Metzger**, *Feeding Tube Use in Elders with Dementia: A Theory Synthesis*

**Rebecca Tucker**, *The Relationship of Social Support in Heart Failure Patients' Exercise Adherence*

**Ellen Volpe**, *Differences in Sexual Motives for Adolescent Girls with Older Male Partners*

Early doctoral student poster presenters included:

**Ying Meng**, *Genetic Variation in Lipid Metabolic Pathways and Response to Lipid-Lowering Therapy: A Literature Review*

**Yi Zhang**, *Effectiveness of Physical Activity in Adults with Type 2 Diabetes: A Literature Review*

In addition, **Margaret H. Kearney, PhD, RN, FAAN**, professor and director of the PhD program at the School of Nursing, jointly presented a session, "Overcoming Publishing Paralysis."

**Kathy P. Parker, PhD, RN, FAAN**, dean, presented at a symposium on Sleep and Sleep Disorders in Adults with Chronic Conditions. Her talk, "Relationships Among Subjective and Objective Measures of Sleep and Symptoms in Patients with Cancer," was one of five given as part of the sleep symposium.

**Jill Quinn, PhD, RN, CS-ANP, FAHA, FNAP**, assistant professor, presented "Decision to Seek Care for Worsening Heart Failure by Heart Failure Patients and Their Significant Others Prior to Hospitalization."



## Preceptor Workshop and Recognition Day

On April 29, 2009, the School of Nursing welcomed more than 70 community preceptors to Helen Wood Hall to recognize them for their contributions and provide free educational sessions.

"The nurse practitioners and physicians who serve as preceptors provide direct supervision for the clinical portion of the master's programs, allowing students the opportunity to see patients and 'practice' their assessment, diagnostics and treatment/planning skills," said **Lisa Norsen, PhD, RN, ACNP**, director of the School's master's programs.

Preceptors usually spend eight to 16 hours a week over the course of a 14-week semester working one on one with students. Many have served as preceptors for continuous semesters year after year, said Norsen.

Two awards were given during the event. Carol Crane was named Outstanding Preceptor of the Year, and Julia Miller was recognized as this year's Distinguished Alumna Preceptor.

## APNN Students Tackle Performance Improvement

Students in the accelerated programs for non-nurses devised and carried out 13 performance improvement projects over the course of seven weeks last winter. With mentorship from partners in clinical practice, teams of students tackled real areas of opportunity and worked to find ways to improve performance. A number of teams addressed the issue of patient pain reassessment and documentation. One conducted a hand-washing audit, and another looked at the implementation of new isolation precautions in an ambulatory oncology center. All of the teams participated in a poster session March 31 detailing their research and findings.





## A Day Devoted to Mentoring

Mentoring was the order of the day April 30, 2009, when School of Nursing faculty gathered for two half-day workshop sessions devoted to better understanding the process.

Led by **Frederick Jefferson, EdD**, intercessor, University of Rochester, these initial workshops focused on student mentoring. **Lynne Davidson, PhD**, deputy to the president and vice provost for faculty development and diversity, also spoke to faculty members about the University's commitment to the process and applauded the School's initiative. "You guys are taking mentoring seriously. Thank you for being the leaders," Davidson said.

The Mentoring Program Design Team has been led by Jefferson; **Judith Fonzi, PhD**, associate professor and director, Warner Center for Professional Development and Education Reform; **Linda Francis**, from the Warner Center; and School of Nursing faculty members **Kathy Rideout, EdD, PNP-BC, FNAP**, associate dean for academic affairs; **Dianne Morrison-Beedy, PhD, WHNP-BC, FNAP, FAANP, FAAN**, assistant dean for research;

**Rita D'Aoust, PhD, RN, ACNP, ANP, CNE**, director of the Accelerated Programs for Non-Nurses; and **Sally Ellis Fletcher, MSN, NP**, doctoral candidate and senior associate in nursing.



## School Celebrates the Diversity of Faculty, Staff and Students



Music, dance and food from different parts of the world were showcased earlier this year during the University of Rochester School of Nursing's Winter Celebration. "Celebrate Us, Celebrate You," designed to promote understanding and acceptance of different backgrounds and cultures, was presented by and for faculty, staff and students at the School.

Artistic performances represented various parts of the world and included a number of University of Rochester students as well as others from the Greater Rochester community. Taking to the stage were musicians who played the Zimbabwean mbira, a musical instrument tied to traditional Shona spiritual beliefs and cultural



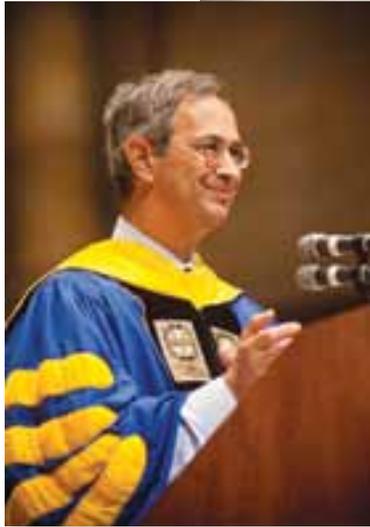
practices. They were followed by the University of Rochester Korean Poongmul group, who performed traditional Korean percussion music called Youngnam Samulnori. The Network Steppers got folks up on their feet with dance routines set to rhythm-and-blues music. Rohan Krishnamurthy's performance of "Solo in Misra Chapu" on the mridangam, a South Indian pitched drum, explored the rhythmic complexity and rich tone colors of one of India's principal instruments. Performers from The Young School of Irish Dance closed the event, and harpist and School of Nursing student Zia Nizin played both prior to the featured acts and during the intermission.

In between performances, attendees sampled food from all over the world and strolled past table after table of donated art, crafts, jewelry and clothing. Each of the more than 200 international pieces on exhibit was loaned by a staff or faculty member with ties to the region; many were on hand to tell the stories behind the items.

"It was remarkable to see the people of the School come together to explore and discover the rich cultural heritage that is ours," said attendee **Patrick Hopkins MS, APRN, BC, PNP, NNP**, a pediatric/neonatal advanced practice nurse at Golisano Children's Hospital at Strong and clinical instructor at the School of Nursing. "I discovered things about co-workers that I probably never would have thought to ask, but as a result of the event I now know people a little better."

The event was sponsored by the Dean's Advisory Council for Diversity and Inclusiveness and the University of Rochester Faculty Development and Diversity Office. Organizers hope to make this celebration an annual event.

# University of Rochester School of Nursing Commencement 2009



# Graduation Kudos to . . .

## Commencement Award Winners

### Sandra Cosman

Recipient, the Registered Nurse Award for 2009

### Jeremiah Paul DeHond

Recipient, the Clare Dennison Prize for 2009

### Shannon M. Gianotti

Recipient, the Elizabeth Clinger Young Award for 2009

### Thanh Ha

Recipient, the Mary Reding Eckl Award for 2009

### Christopher S. Hauptfleisch

Recipient, the Student Nursing Association Recognition Award for 2009

### Lisa Marie Judge

Recipient, the Louise Wilson Haller Memorial Prize for 2009

### Lily Liu

Recipient, the Dorothea Lynde Dix Prize for 2009

### Christina M. O'Herron

Recipient, the Margery Fancher Daly Memorial Prize for 2009

### Lynn N. Rich

Recipient, the Sarah and Ernest Taylor Memorial Nursing Award

### Laurie Ann Stone

Recipient, the Leadership Faculty Award for Excellence in Leadership for 2009

### Sarah E. Sumagin

Recipient, the Mabel Sine Wadsworth Award for 2009

### Ruth Tetteh

Recipient, the Paul Burgett Nursing Student Life Award for 2009



## Sigma Theta Tau International Honor Society of Nursing

The Epsilon Xi chapter of Sigma Theta Tau International Honor Society of Nursing held their annual induction on March 22.

### New Members Inducted in 2009

#### Nurse Leaders

Pamela Brady  
Deborah Jones  
Maria Lafaro  
Joseph Ndongwa  
Brenda Rodriguez-Ellison  
Tomi Shisler  
Kimberlee Souhrada

#### Graduate Students

Rebecca Edington  
Linda Kovac-Tantalo  
Monika Kuwahara  
Patricia Mallaber  
Kathleen Marchiony  
Ying Meng  
Lauren O'Meal

Bettina Trzcinski  
Yi Zhang

#### RN to BS Students

Lashaundra Bradley  
Gordon Erway Jr.  
Michelle Hobbs  
Christina Meissel

#### Accelerated Students

Sabrina Aldridge  
Jessica Allen  
Elizabeth Aristy  
Yasmin Ayyub  
Marcia Barclay  
Nina Barrett  
Dana Bentley  
Melanie Bobry  
Yansu Chen  
Holly Congden  
Jaclyn Coppolo  
Jamie Corcoran  
Jeremiah Dehond  
Nicole DiBello  
Laura Ehrlich

Miranda Fisher  
Sarah Gallagher  
Sara Got  
Elizabeth Griffin  
Thanh Ha  
Christopher Hauptfleisch  
Jena Hopper  
Sarah Izant  
Tania James  
S. Clay Kim  
Kimberly Koetter  
Erica Kriegl  
Sarah Kuppenbender  
Eric Ledwin  
Caitlin Letts  
Lily Liu  
Laura Madore  
Jocelyn Mattina  
Casey McGraw  
Michael Millar  
Colleen Neary  
Elizabeth Neenan  
Monica Niku  
Christine O'Herron  
Julie Oleksyn

Tania Orzol  
Rosemary Parrish  
Tracey Piccola  
Lejda Preza  
Zhijie Qiu  
Volana Rakotomihamina  
Christina Schilling  
Joan Shares  
Kristin Smith  
Rttanjit Sohal  
Christina Spring  
Kelly Steinkirchner  
Sarah Sumagin  
Susan Szot  
Lucy Tabone  
Amy Taylor

## School-Based Health Care Centers Focus of Visit

While in Rochester on May 17 to address political science graduates, Heather Higginbottom, deputy director of the Domestic Policy Council for the Obama administration and an alumnus of the University of Rochester, carved out time to meet with a small group of local School-Based Health Center advocates. The advocates included individuals from the University of Rochester School of Nursing who staff and oversee the East High School-based Health Center in partnership with the Rochester City School District.

School-based health centers (SBHCs) are primary care clinics located within school buildings. With parental consent, comprehensive services are rendered to students during school hours, reducing the amount of missed instructional time for pupils and missed work hours for parents and guardians. Improvements in student health have been shown to contribute to better outcomes in school performance.

The Domestic Policy Council serves as the advisory body for the administration for domestic issues that include education and

health care. Higginbottom, who has a particular interest in schools and education, prior to her involvement in government served as an advocate for a national nonprofit organization called Communities in Schools, which shares the goal of ensuring childrens' access to comprehensive health services.

Higginbottom shared the Obama administration's vision of "Promise Neighborhoods," which are modeled around the Harlem Children's

Zone. The group discussed the comprehensive array of services offered by SBHCs, which would be a natural fit in any neighborhood surround-care model. The agenda also included a discussion of challenges faced by SBHCs, including increasing demand for services juxtaposed against reduced revenues.

Higginbottom was invited to return to Rochester for a tour of one of the local SBHCs.



Left to right: Kim Urbach, the University of Rochester School of Nursing; Rebecca Ledwin, Rochester General Hospital Systems; Heather Higginbottom; Mary Jane Caspeer, a University of Rochester alumna; Gladys Pedraza-Burgos, the Rochester City School District; and Kathy Rideout, the University of Rochester School of Nursing

## Other Faculty, Students and Staff Awards and Honors

### **Susan W. Blaakman**

Named co-chairperson of the American Psychiatric Nurses Association's Tobacco Dependence Council

### **Susan Ciurzynski**

Recipient, 2009 Research Award from Epsilon Xi chapter of Sigma Theta Tau

### **Karen Cokeley**

Recipient, University of Rochester School of Nursing Outstanding Staff Member Award for 2009

### **Denise Cote-Arsenault**

Recipient, University of Rochester School of Nursing's Professional Advancement Award for 2009

### **Rita D'Aoust**

Recipient, Genesee Valley Nurses Association 2009 Nurse Educator Award from Strong Memorial Hospital/URMC

### **Orlando O. Harris**

Recipient, Youth Service Award from National AIDS Education & Services for Minorities, Inc.

### **Patrick Hopkins**

Recipient, Nancy Kent Nurse Practitioner Award for Excellence from Strong Memorial Hospital/URMC

### **Carla Jungquist**

Recipient, Abstract Excellence Award from the Sleep Research Society for her dissertation abstract "The Relationship Among Chronic Pain, Sleep and Opioids"

### **Amy Karch**

Recipient, M. E. Clark Pioneer in Nursing Award from Strong Memorial Hospital/URMC

### **Margaret Kearney**

Recipient, University of Rochester School of Nursing Outstanding Faculty Colleague Award for 2009

### **Christina Koulouglioti**

Recipient, University of Rochester School of Nursing Mary Dombeck Diversity Enhancement Faculty Award

### **Susan Lowey**

Recipient, the 2008 Sigma Theta Tau International Small Grant Award for her proposal, "Perspectives on End-of-Life Care in Non-Cancer Illness"

### **Dianne C. Morrison-Beedy**

Fellow, American Academy of Nurse Practitioners; Selected to serve on the NIH Distinguished Editorial Panel on Behavioral and Social Sciences, including population studies,

### **Sally A. Norton**

Fellow, Hospice and Palliative Care Nurses Association

### **Tobie H. Olsan**

Named one of 12 participants in the Hartford Institute Geriatric Nursing Research Scholars Summer Seminar

### **Kathy P. Parker**

Member, the NIH Distinguished Editorial Panel to review grants submitted in response to the Challenge RFA of the economic stimulus package

### **Jill Quinn**

Honored by the American Heart Association (AHA) in March for her life-saving work in cardiovascular research and her dedication to helping the AHA

### **Hyekyun Rhee**

Recipient, University of Rochester School of Nursing Dean's Excellence in Teaching Award for 2009

### **Martin Schiavenato**

Recipient, University of Rochester School of Nursing Promising New Investigator Award for 2009

### **Madeline Schmitt**

Named the Frank Talbot, Jr. Visiting Professor at the University of Virginia School of Nursing for one month during Spring 2009

### **Daryl Sharp**

Appointed to the New York State Office of Alcoholism and Substance Abuse Services Nursing Advisory Panel

### **Joyce A. Smith**

Recipient, 2009 Academy of Medicine Community and Preventive Medicine Award in honor of Dr. Robert L. Berg for her paper, "Lead Poisoning in Children: Still an Issue"

### **Eva Wood**

Recipient, University of Rochester School of Nursing Mary Dombeck Diversity Enhancement Staff Award for 2009

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## Faculty Publications

### **Michael Ackerman**

Athilingam, P., Chen, L., King, K., & Ackerman, M. (2008). Montreal cognitive assessment may be an appropriate tool to assess cognitive dysfunction in heart failure. *Journal of Cardiac Failure*, 14(6 Suppl.1), S5-S6.

### **Elizabeth Anson**

Sidora-Arcoleo, K., Yoos, H.L., Kitzman, H., McMullen, A., & Anson, E. (2008). Don't ask, don't tell: Parental nondisclosure of complementary and alternative medicine and over-the-counter medication use in children's asthma management. *Journal of Pediatric Health Care*, 22(4), 221-229.

Sidora-Arcoleo, K., Anson, E., Lorber, M., Cole, R., Olds, D., & Kitzman, H. (2009). Differential effects of a nurse home visiting intervention on physically aggressive behavior in children. *Journal of Pediatric Nursing* [Published online June 12, 2009].

Cole, R., Koulouglioti, C., Kitzman, H., Sidora-Arcoleo, K., & Anson, E. (2009). Maternal rules, compliance, and injuries to preschool children. *Family & Community Health*, 32, 136-146.

**Ponrathi Athilingam**

Athilingam, P. (2008). Cognitive dysfunction in heart failure may have different or multiple etiologies: Not cerebral hypoperfusion alone. *Progress in Cardiovascular Nursing*, 23(2), 102.

Athilingam, P., Chen, L., King, K., & Ackerman, M. (2008). Montreal cognitive assessment may be an appropriate tool to assess cognitive dysfunction in heart failure. *Journal of Cardiac Failure*, 14(6 Suppl.1), S5-S6.

**Judith Baggs**

Baggs, J.G., Broome, M.E., Dougherty, M., Freda, M.C., & Kearney, M.H. (2008). Blinding in peer review: The preferences of reviewers for nursing journals. *Journal of Advanced Nursing*, 64, 131-138.

Kearney, M.H., Baggs, J.G., Broome, M.E., Dougherty, M., & Freda, M.C. (2008). Experience, time investment, and motivators of nursing journal peer reviewers. *Journal of Nursing Scholarship*, 40, 395-400.

Freda, M.C., Kearney, M.H., Baggs, J.G., Broome, M.E., & Dougherty, M. (2009). Peer reviewer training and editor support: Results from an international survey of nursing peer reviewers. *Journal of Professional Nursing*, 25, 101-108.

**Judith Brasch**

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**Janiece E. DeSocio**

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#### **Eileen Fairbanks**

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#### **Nancy Feinstein**

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#### **Sheldon D. Fields**

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#### **Jeanne Grace**

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**Christina Koulouglioti**

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**Wendy (KK) Lam**

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**James McMahon**

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**Martin Schiavenato**

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**Kimberly Sidora-Arcoleo**

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**Xin Tu**

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**Jane Tuttle**

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**Mary Wilde, continued**

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**Hannelore (Lorrie) Yoos**

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*Publications listed include published manuscripts in peer-reviewed journals submitted by faculty from July 1, 2008, through June 30, 2009.*

## Research Awards

## Acronym Key:

<b>AHA</b>	American Heart Association
<b>NIH</b>	National Institutes of Health
<b>FRSG</b>	Faculty Research Seed Grant
<b>HRSA</b>	Health Resources and Services Administration
<b>RTI</b>	Research Triangle Institute
<b>AHEPA</b>	American Hellenic Educational Progressive Association

Faculty research grant and award information was provided by the University of Rochester School of Nursing's Center for Research and Evidence-Based Practice.

**Denise Cote-Arsenault**

Caring Connections in Pregnancy After Perinatal Loss: A Pilot Study  
Association of Women's Health Obstetric & Neonatal Nurses  
03/17/2008-07/31/2009

**William Fals-Stewart**

Analyzing Data Generated from Therapy Groups with Rolling Admissions  
RTI/1-312-0210104  
04/01/2006 - 3/31/2009

Emerging Issues in Analyzing Group Based Treatment Data Under Open Enrollment  
RTI/1-312-0210573  
02/15/2007 - 1/31/2010

Behavioral Family Counseling and Naltrexone  
Harvard/NIH/150704-0004  
04/01/2007 - 3/31/2011

Children of Drug Abusing Fathers  
NIH/R01 DA015849-03  
07/01/2007 - 12/31/2010

Cognitive Rehabilitation for Substance Abusers  
NIH/R01 DA018697-04  
07/01/2007 - 12/31/2010

Group-Based Couples Therapy for Drug Abuse  
NIH/R01DA019434-03  
07/01/2007 - 5/31/2011

Parent Training and Couples Therapy for Drug Abuse  
NIH/R01 DA016236-05  
08/01/2007 - 5/31/2009

Modeling the Impact of Group Membership Turnover in Ecologically Valid Treatment Trials  
RTI/ 2-312-0211758  
08/01/08 - 05/31/2012

**Sheldon Fields**

Men of Color Health Awareness Project  
Robert Cole, School of Nursing Collaborator  
Men of Color, HIV/AIDS/HRSA  
09/01/2004 - 8/31/2009

**Susan Groth**

Clarification of Gene Environment Interaction of the GNB3 Gene and Establishing a Foundation for Genetic-Based Behavioral Intervention Research  
Mentored Career Development Award, University of Rochester, Clinical and Translational Science Award, KL2-RR021436  
07/01/08-06/30/2010

**Harriet Kitzman**

Age-27 Follow-Up of Early Preventive Intervention  
David Olds, University of Colorado Health Sciences, External Collaborator  
UNVI/Colorado/NIH  
07/01/2004 - 6/30/2009

Age-17 Follow-Up of Home Visiting Intervention  
David Olds, University of Colorado Health Sciences, External Collaborator  
NIH/R01 DA021624  
05/15/2008 - 02/28/2013

**Keith Klostermann**

Examining the Effects of Behavioral Couples Therapy on Intimate Partner Violence  
William Fals-Stewart, School of Nursing Collaborator  
NIH/R21 AA016529-01A1  
09/01/2007 - 08/31/2010

**James McMahon**

Barriers to Treatment Based HIV Prevention for IDU Couples  
 NDRI (R21DA022960)  
 09/01/2007 – 07/31/2009

**Christine Koulouglioti**

Improving Young Children's Essential Routines: Test of an Intervention  
 Sigma Theta Tau International  
 10/01/2008 – 09/30/2009

Greek-American Mothers Safety Concerns: An Instrument Translation Project  
 AHEPA Educational Foundation  
 03/01/2009 – 02/28/2010

**Dianne Morrison-Beedy**

Maintaining HIV Prevention Gains in Female Adolescents  
 NIH/R01 NR008194 - 05  
 03/01/2006 – 2/28/2010

Maintaining Abstinence and Reducing HIV Risk in Adolescent Girls  
 NIH/ R03 NR010193-02  
 9/01/2007 – 08/31/2009

**Sally Norton**

Palliative Care in the Acute Care Setting  
 NIH/ R01 NR008790 - 03  
 06/01/2005 – 03/31/2010

**Jill Quinn**

Recognition of Decompensating Heart Failure by Patients and Their Family Caregivers/ Significant Others  
 AHA 0830237N  
 01/01/2008 – 12/31/2011

**Hyekyun Rhee**

Peer-Assisted Asthma Self-Management Program for Adolescents with Asthma  
 NIH/ R21 NT009837-03  
 09/29/2006 – 07/31/2009

**Daryl Sharp**

Promising Tobacco Control Interventions  
 Geoffrey Williams, Department of Medicine, URMC, and Scott McIntosh, Department of Community and Preventive Medicine, URMC, External Collaborators  
 NYS/Health/C021009  
 04/01/2006 – 3/31/2009

**Mary Tantillo**

Western New York Comprehensive Care Centers for Eating Disorders  
 NYS/Health/C024159  
 01/01/2009 – 12/31/2009

**Mary Wilde**

Study of People with Intermittent Urinary Catheters  
 Hollister  
 04/01/2008

Self-Management of Urine Flow in Long-Term Urinary Catheter Users  
 James McMahon, School of Nursing Collaborator  
 Robert Mayer, Department of Urology, External Collaborator  
 NIH R01 NR010553  
 09/24/2008 – 06/30/2012

**Ying Xue**

Quality and Cost Outcomes of Hospital Supplemental Nurse Staffing  
 Katia Noyes, Department of Community and Preventive Medicine, URMC, Deborah Freund, Syracuse University, External Collaborators  
 Robert Wood Johnson Fund/ 62576  
 09/01/2007 – 8/31/2009

Studies in Supplemental Nurse Staffing  
 Robert Wood Johnson Foundation Nurse Faculty Scholars/64191  
 09/01/2008 – 08/31/2011

## Educational Awards

**Janiece DeSocio**

Child/Adolescent Psychiatric Nurse Practitioner Programs  
 HRSA/ D09HP08056-01-00  
 07/01/2007 – 6/30/2010

**Pamela Herendeen**

Pediatric Links with the Community Training  
 Halcyon Hill Foundation  
 07/01/2007 – 6/30/2009

**Margaret H. Kearney**

GAANN Nursing Scholars Program  
 Education/ P200A060021  
 08/14/2006 – 8/31/2009

**Kathy P. Parker**

School of Nursing Scholarships and Program Development  
 Helene Fuld Health Trust  
 05/15/2007 – 5/14/2010

**Kathy Rideout**

Advanced Education Nursing Traineeship  
 HRSA/ A10 HP07433-02-00  
 07/01/2008 – 6/30/2009

Robert Wood Johnson Foundation  
 New Careers in Nursing Scholarship Program  
 Robert Wood Johnson Foundation  
 09/01/2008 – 08/31/2009

## Class Notes

### 1950s



**Joyce Morrison Mole** '56 has written *Beautiful Sadness: The Journey of Hope and Compassion Through Life and Loss* under the pen name Joy Jennings. The book chronicles the journey of several individuals with terminal illnesses as they face their final weeks and days. Mole, a certified hospice nurse who works on a ventilator unit at St. Mary's Long-Term Care Center in Rochester, writes not only about the emotions faced by the patients and their family members, but also about the challenges that confront nurses who care for those at the end of their lives. The book is available at [www.inyourfaceink.com](http://www.inyourfaceink.com) and Amazon.com.

**Roberta B. Abrams** '58, '59 received a Lifetime Achievement Award from the Coalition of Michigan Organizations of Nursing in recognition of her outstanding service to and support of nursing in Michigan.

### 1990s

**Julie Lindeman Read** '90, '95 welcomed a daughter, Claudia, on Feb. 12, 2009. "She has already attended her first nursing conference," reports Read, who took Claudia along when she presented "Where's the Money? Budgeting Skills for Nurse Managers" at the American Association of Critical Care Nurses National Teaching Institute in New Orleans in May. Read is the director of risk management and patient safety for two Kaiser Permanente Medical Centers in northern California.

### 2000s

**Jeanne Leasure** '04 is a volunteer nurse at Mercy Outreach Center, a Rochester community organization providing the uninsured and underserved access to primary health care, dental care and advocacy. She also works per diem at Unity Hospital's emergency department. On Aug. 2, 2008, Jeanne welcomed a new granddaughter, Dorothy.

## Deceased Alums

The School of nursing expresses sympathy to the loved ones of our deceased alumni.

**Backus, Kathleen (Spotts)**, '52, Oct. 17, 2008, Georgetown, Texas

**Bagshaw, Louise**, '49, Aug. 2, 2008, Newark, N.Y.

**Bailey, Marcia (Gaugel)**, '65, March 11, 2009, Hilton, N.Y.

**Barcay, Norah (Mgonigle)**, '53, '54, March 17, 2009, Colorado Springs, Colo.

**Cameron, Dorothe**, '46, May 25, 2009, Rochester, N.Y.

**Christiansen, Marie A. (Cabelka)**, '40, Feb. 7, 2009, Friendswood, Texas

**Connelly, Anne P. (Petz)**, '38, April 30, 2008, Rochester, N.Y.

**Dodge, Sally V. (Gagnon)**, '42, '43, May 26, 2009, Kissimmee, Fla.

**Eckler, Harriet T. (Telander)**, '52, March 4, 2009, Ontario, N.Y.

**Fake, Merriell (Thayer)**, '45, June 28, 2009, Fort Myers, Fla.

**Frediani, Irene B. (Bagneschi)**, '59, April 19, 2009, Hamlin, N.Y.

**Gage, Billie Elizabeth**, '77, Nov. 6, 2008, Atkinson, N.H.

**Gleaton, Dorothy (Strauch)**, '43, April 23, 2009, Sacramento, Calif.

**Granger, Mary E. (Enos)**, '54, '56, '60, Jan. 7, 2008, Pittsboro, N.C.

**Gregory, Marianne (Gambell)**, '51, March 5, 2008, Los Gatos, Calif.

**Goossen, Grace E. (Hubbard)**, '45, '53, May 6, 2009, Stevensville, Md.

**Hall, Irene**, '31, July 11, 2008, Rochester, N.Y.

**Janis, Jean**, '42, July 4, 1997, Camillus, N.Y.

**Koniski, Florence L. (Walker)**, '59, March 18, 2009, Endwell, N.Y.

**Lane, Christine Elizabeth**, '76, Dec. 31, 2008, New York, N.Y.

**Link, Kathleen B. (Barber)**, '40, Jan. 14, 2009, Gaithersburg, Md.

**May, Frances (Seeger)**, '42, '43, '54, Oct. 14, 2008, Palmyra, N.Y.

**Miller, Mary Louise**, '60, '69, Oct. 19, 2008, West Henrietta, N.Y.

**Mirabella, H. Lucille (Wood)**, '47, Dec. 7, 2008, Rochester, N.Y.

**Moir, Marian (Rahr)**, '45, June 1, 2009, Willoughby, Ohio

**Monroe, Catherine M. (McCormick)**, '46, March 16, 2009, Webster, Mass.

**Murphy, John D.**, '69, May 6, 2007, Mooresville, N.C.

**Nightingale, Bernice**, '42, Feb. 4, 2005, Forestport, N.Y.

**Pask, Laura Jean**, '87, Nov. 24, 2008, Pittsford, N.Y.

**Peck, Viola**, '38, May 28, 1995, Newark, N.Y.

**Rahr, Donna Lou (Magee)**, '58, Jan. 17, 2009, Scio, N.Y.

**Romeiser, Monica**, '60, March 8, 1995, Shortsville, N.Y.

**Rusin, Eleanor M. (DeWitt)**, '61, '62, June 22, 2008, Crystal Lake, Ill.

**Tague, Elizabeth W. (Waldorf)**, '29, April 14, 2009, Cobalt, Conn.

**Thomas, Joycelyn (Breen)**, '45, Nov. 18, 2008, Mill Creek, Wash.

**Thorpen, Ellen J. (Adie)**, '53, Nov. 17, 2008, Casper, Wyo.

**Walsworth, Shirley (Hoagland)**, '50, Jan. 17, 2009, Nunda, N.Y.

**West, Virginia**, '37, May 31, 2001, Kent, N.Y.

**Witt, Donna (Wagner)**, '52, April 5, 2000, Troy, Mich.

## Continuing a Family Tradition of Giving

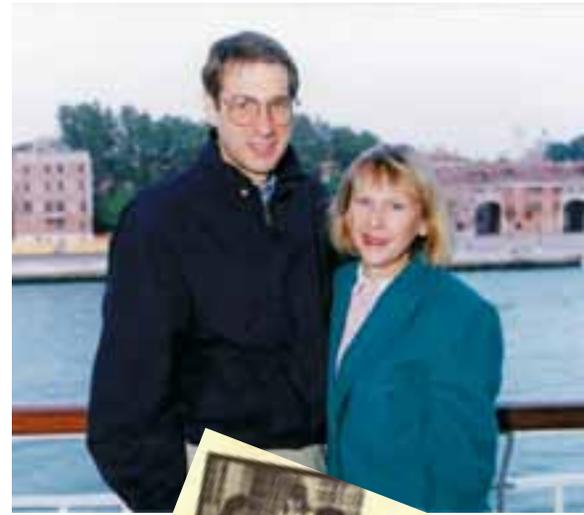
“The University of Rochester was a very special experience for both of my parents. They highly valued their education here,” recalls Sara Smith Mason as she describes her parents, **Harry F. Smith, MD ’38, ’48,** and **Louise Sullivan Smith ’36, N ’38.**

Sara and her husband, Larry Mason, recently revised their estate plans and included a generous bequest in honor of Sara’s parents. “I think my parents would be pleased with what we’ve done,” Sara reflected. “We have no children and thought about who we could leave our estate to. Our goals are to honor my father and mother and to further medical education and research. Multiple generations in our family on both my father’s and mother’s sides have studied and practiced medicine, starting in 1904, with my grandfather’s graduation from medical school in California.”

Both of Sara’s parents stayed closely connected to the University over the years. “Dad served on the Alumni Council and Mother assisted as West Coast representative for the School of Nursing when Rochester representatives were unavailable to attend events,” she said. “Both were dedicated to education. In fact, my mother established a nursing student scholarship fund in honor of her mother, Mary Kiefer Sullivan. Later, she also established scholarship funds in her name at the School of Nursing and in Dad’s name at the School of Medicine and Dentistry. My gift, when it comes to the University, will be added to those two existing scholarship funds in my parents’ names.”

Her mother’s example of generosity in supporting both the School of Nursing and the School of Medicine and Dentistry was key in deciding how Sara planned her estate. “For me, education is critical for both physicians and nurses. Both professionals are integral for treatment. My professional experience in managing health care plans and businesses convinced me of that,” she said.

Sara Smith Mason is crafting her own legacy, while at the same time continuing a family legacy of philanthropy that will continue to benefit generations of students at the University. For more information on how you can build your philanthropic legacy by including the School of Nursing in your estate plans, please contact Dianne Moll, Director of Advancement, University of Rochester School of Nursing at (585) 273-5075 or Marianne Virgilio in the Office of Trusts and Estates at (800) 635-4672 or (585) 273-1167.



Sara and Larry Mason



Harry and Louise Smith



“Our goals are to honor my father and mother and to further medical education and research.” — *Sara Smith Mason*



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## Eleanor A. Hall, Leader in Nursing Education



**Eleanor Abell Hall, RN, MA**, the chair of the Department of Nursing Education of the School of Medicine and Dentistry from 1957 to 1971 who is credited with paving the way for an independent School of Nursing, died July 14. She was 95.

Hall's tenure at the University of Rochester was marked by courage, tenacity and the pursuit of excellence. She achieved it on many levels but was perhaps proudest of elevating the Department of Nursing's educational standards to a level that matched those set for the University's other educational units. She was steadfast in her efforts to ensure that nursing students and faculty were respected and judged by the same criteria as their University colleagues.

"Those of us who were privileged to know Ms. Hall will never forget the power of her indomitable spirit that inspired awe," said **Bethel Powers, PhD, RN**, professor at the School. "Those of us who came to know her as Eleanor will always remember her sharp sense of humor that, unable to hide a curious mixture of grace and determination, served her well throughout her life and inspired the love and admiration of countless persons who now honor and will forever hold her in fondest memory."

In addition to her devotion to maintaining the highest academic standards, Hall also encouraged faculty to develop new clinical roles. She recognized the importance clinical scholarship would play as nurses would more regularly engage in interdisciplinary collaboration.

"Eleanor's strong leadership and foresight as chair was critical to the revitalization of nursing

education at Rochester and the transition of the department to the autonomous School of Nursing," said **Madeline Schmitt, PhD, RN, FAAN, FNAP**, professor emeritus at the School. "Professionally, she always put patients and families first. To her, the heart of nursing was the care nurses provided at the bedside."

In 1957, Hall was recruited by the University of Rochester to serve as chair of the Department of Nursing Education in the School of Medicine and Dentistry. She guided the department through some difficult times. In 1957, National League for Nursing accreditation was lost. In response, Hall oversaw the development and strengthening of the program that led to the bachelor of science degree with a major in nursing. This and other changes in program



offerings not only brought about reaccreditation in 1960, but also enabled the strengthening of relationships between the Department of Nursing and the Medical Center and University. It also led to Hall's appointment to the Advisory Board of the School of Medicine and Dentistry, providing nursing an unprecedented view of policy making at the Medical Center.

"It is impossible to overstate the impact that Eleanor had on the School of Nursing as it stands and operates today," said **Kathy P. Parker, PhD, RN, FAAN**, dean of the School. "She was deeply committed to ensuring that nursing was valued as a profession and an academic necessity at the University of Rochester. Her vision for nursing education is alive and well in our classrooms, our curriculum and the programs we offer."

"It is impossible to overstate the impact that Eleanor had on the School of Nursing as it stands and operates today,"

Hall was chair of the Department of Nursing Education until 1971. In the years that followed, she worked on several special projects, never wavering in her commitment to the School of Nursing. Her charitable donations were many, each with an eye to preserving and advancing nursing practice and education. In 2000, she made a gift that funded an archival project to preserve the School's historical records. In 2002 another substantial gift supported her goal of making the history of nursing more accessible to students and faculty. In recognition, the Eleanor Hall Heritage Room on the first floor of Helen Wood Hall was named for her.

Hall is remembered by colleagues and friends not only for her many professional achievements but also for the friendships she lovingly nurtured through the years. "I am one among many—former students, faculty and staff at the University, friends in her neighborhood and in Maine, at her church, and in the community where she volunteered after she retired—who were privileged to develop a lasting relationship with Eleanor. She cared deeply about people of all ages and in all circumstances, about animals, the Earth, and nursing," said Schmitt.





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- Gifts do not generate a federal income tax deduction

### Contact Us

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For more information about making your gift to support the School of Nursing, please contact Dianne Moll, director of advancement, University of Rochester School of Nursing, at (800) 333-4428/(585) 273-5075, or via e-mail at [dmoll@admin.rochester.edu](mailto:dmoll@admin.rochester.edu).

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*“I chose to study nursing because the ever increasing economic diversity in the U.S. is outpacing the preparation of nurses to meet this country’s growing health-care demands. I am grateful for the scholarship support I receive, without which I would not be able to pursue my goal of practicing in underserved communities.”* —CHRIS CHANG-ROSS '10N

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